Development of Biopolymers as Binders for Feed for Farmed Aquatic Organisms

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1. Introduction

Diets for aquatic animals are numerous. They differ from species to species and may change to meet varied nutritional requests during the life cycle, and may be designed for larvae, juveniles, adults and breeders. In this review we will focus on a particular aspect of aquaculture feed represented by binders. Binders can be liquids or solids with the capacity of forming bridges, coatings or films that make strong inter-particle bonding. Binders are used to improve feed manufacture and to stabilize diets in water. Differently from feed for livestock, feed for aquaculture requires an adequate level of processing to guarantee good stability in water, long enough for animals to consume it. For this reason the role of binder is crucial in determining variable levels of firmness adequate to specific feeding behaviour. Although the problem of feed stability is far more crucial with crustaceans than with fish, some fish are benthic and small pellets that sink rapidly to the bottom where they can be located and recognized by the chemoreceptors of the fish are highly sought. Usually commercial feed for fish is stable after extrusion and binders are not requested to improve water stability. In some recent experiments binders are included in practical diets for fish to generate firmer feces when emitted into water to reduce pollution (Brinker, 2007). Among crustaceans crayfish are slow feeders with a characteristic tendency, that they share with prawns and shrimps, to manipulate food using mouth appendages before ingestion (Holdich, 2002). Thus, in aquatic animal feed preparation, to stabilize feed pellets and to ensure minimum nutrient leaching and disintegration appear to be crucial. Feed stability is considered a crucial requirement also in the echinoculture. Indeed, sea urchin are grazers and need time to eat the offered feed, so that it must remain intact for several days, in order to limit the loss of nutrients and to make rearing structure management easier (Caltagirone et al., 1992; Mortensen et al., 2004; Pearce et al., 2004). In addition, prepared diets frequently lead to poor gonad quality in terms of texture, firmness, colour and taste (Pearce et al., 2002a), that means low marketability of the product. For these reasons research focused on the selection of appropriate binders to ensure consistence to the experimental feed must take into account their effects not only on feed stability but also on gonad yield and sensorial quality. Since a binder may not be optimal for all species, and even for the same species the

feeding behaviour may change during the life cycle numerous studies have been conducted to evaluate the type of binder, the optimal level of inclusion and its effect on growth and digestibility in different species of aquatic animals.

In this review, feed will be examined from the point of view of binder selection, method of preparation, assessment of water stability and nutrient leaching and with reference to the binder effect on growth and utilization by the animal. Purposefully, this review does not deal with diet composition for aquatic animals. Research on nutritional requirements of aquatic animals is a highly competitive field in constant and rapid evolution and it is outside the scope of the present article. For readers interested in this topic we suggest referring to the numerous reviews and books available.

2. Feed binders

Food is the material which, after ingestion by the animal, is capable of being digested absorbed and utilized. However, not all components of food are digestible. The main components of food are as follows:

Nutrients are components of food which can be utilized by the animal either as energy sources or for metabolic processes. The energy source components are the proteins, lipids and carbohydrates, while the vitamins and minerals are need to be present in small quantities in the feed for metabolism and life maintenance. There are various factors influencing the choice of feed for farmed fish. Of these, the economic factor is usually given precedence. Feeds and feeding can represent about half the operating costs in farming. Other important factors in manufacturing aquatic animal feeds are the stability of the feed in water and its acceptability. Inclusion of a binder is a necessity to ensure water stable feed. Many substances have been selected for their binding properties. Numerous natural binders have been employed to manufacture hard pellets with the purpose of increasing water stability with a concomitant decrease in nutrient loss. Some of these binders, such as wheat gluten or starches, have a nutritive value for the animals, while others are inert raw materials without nutritional value (Sinha et al., 2011). More than 50 organic and inorganic binders have been employed in feed industry (Kalian & Morey, 2009). Among natural binders examined and employed by researchers, biopolymers are by far the most studied. The most common biopolymers derive mainly from plants and animals of marine and agricultural origin. Examples are cellulose, starch, pectin, chitin and proteins such as casein, whey, collagen and soy proteins. In this review we will focus on the most employed for aquatic feed.

According to De Silva and Anderson (1995) binders can be grouped in three different classes:

1. binders of protein origin
2. carbohydrate source binders
3. binders with no nutritional value

From a nutritional perspective a protein binder may be more appropriate than a carbohydrate binder for a carnivorous species, while the contrary holds true for a herbivorous species. Carbohydrates are often included in crustacean artificial diets for their protein-sparing effect (Shiau & Peng, 1992; Rosas et al., 2000). According to the theory of Minimal Total Discomfort (Forbes, 2001), the ingestion of carbohydrates of vegetal origin brings about a protein sparing effect in wild animals and therefore enhances growth without wasting proteins. In fact, the intake of food has physiological consequences via physical (e.g. distension) and chemical (e.g. glucose) stimulation of receptors in the viscera and, in the longer term, by changes in signals from adipose tissue (e.g. leptin), integrated by the CNS (Paolucci, 2010). These consequences are associated with the sensory properties of the food such that repeated exposure to a food generates a conditioned acceptance or rejection reflex with the physiological consequences of eating as the unconditioned stimulus (US) and the sensory characteristics of the food as the conditioned stimulus (CS). Such learnt preferences and aversions occur throughout the animal kingdom, from nematodes to human beings, with much of the research being carried out with insects, laboratory animals and farm animals. Preferences for and aversions to particular foods are manifested in non-random choices between two or more foods on offer but also influence the quantity eaten when only one food is available. These considerations have been developed into a theory of Minimal Total Discomfort (Forbes, 2001) which proposes that an animal experiments with the amount eaten per day, and its selection between different foods, until the total of the signals generated from excesses or deficiencies of food components is minimised. Changes in food composition and/or nutrient requirements can therefore be matched by appropriate changes in intake and selection.

2.1 Carbohydrates

Polysaccharides are natural biopolymers formed by high molecular weight carbohydrates (Aspinall, 1982). They are biodegradable, biocompatible and non-toxic polymers showing peculiar physical-chemical properties and environmentally sustainable features. The specific macromolecular structures, characterized by the presence of several polar functional groups, allow polysaccharides to retain significant amounts of water or biological fluids, thus providing the formation of hydrogels, i.e. three-dimensional, reliable networks, able to become water resistant throughout chemical or physical phenomena, such as gel formation, retrogradation process, pH-changing and cross linking processes (Coviello et al., 2007). The molecular diversity of carbohydrates allows a large array of functions of great significance. In the food industry, polysaccharides play important roles as phytoecolloid as well as emulsifying agents (Farris et al., 2009). Non-digestible carbohydrates are insoluble, like cellulose, or soluble, like pectin, gum, β -glucan, mucilage, algal polysaccharides (Atkins, 1985; Clark & Ross-Murphy, 1987). Technologically, they are needed for altering the texture and consistency of foods (Drochner et al., 2004) and show properties that make them

suitable for use in increasing food shelf-life (Volpe et al., 2010). Carbohydrates represent the most abundant biological molecules, covering a large array of fundamental roles in living things: from the reserve and transport of energy, (starch and glycogen), to the development of structural components (cellulose in plants, chitin in animals), to the linking between intercellular walls (hemicellulose) (Kennedy & White, 1983). The high molecular weight carbohydrates derived, are known as polysaccharides. They may be viewed as condensation polymers in which carbohydrates have been glycosidically joined, with the elimination of molecules of water, according to the empirical equation

The different macromolecular structures and chemical compositions of polysaccharides are responsible for the large array of their physical and biochemical applications. A wide range of polysaccharides, such as agar, alginate, chitin and pectin are able to hydrate in cold and hot water, thus giving rise to both viscous solutions or dispersions and gels. The great interest with these polysaccharides in aquatic animal feed is strictly related to their gelling properties.

2.1.1 Agar

Agar is a polymer extracts from agarophyte, a seaweed, typically a red alga (Usov, 1998). It consists of at least two separate polymers that could be fractionated into agarose and agaropectin. Agarose is high in molecular weight and low in sulphate. Agaropectin is low in molecular weight and high in sulphate. Agarose is the gelling fraction of agar. Agarose is a linear polymer structure consisting of alternating D-galactose and 3,6 anhydro-L-galactose as shown in Fig. 1.

Fig. 1. Molecular structure of agarose

The diverse forms of agarose determine the physicochemical characteristics of agar such as gelling and melting temperature and reactivity. Agar is a mixture of agarose and agaropectin in variable proportions depending on the original raw material and the manufacturing process employed. Agar gelation occurs only by its agarose content and is produced exclusively by hydrogen bonds. Agar does not need any other substance to gel, and therefore it has an enormous potential in applications such as foodstuff ingredient, for biotechnology uses, for cell and tissue cultures or as a support for electrophoresis or chromatography. Agarose produces “physical gels” which means that these aqueous gels are formed only by the polymer molecules united solely by hydrogen bonds. Due to this unique gelling property, such gels hold in the interior network a great amount of water which can move freely through the macroreticulum. Each molecule maintains its structure in complete independence so that the process is not a polymerization but a simple electrostatic attraction. Agar is actually a very complex polysaccharide and varies

considerably depending on the source. Back in 1991, eleven different agarose structures were identified in different agar bearing weeds depending on gender, species environmental conditions and time of the year. Moreover, agar may be modified by substitution of sulphate, pyruvate, uronate or methoxyl groups. Modern alkali treatment methods tend to increase the level of anhydrous bridging in the molecule with subsequent improvement of gel strength.

2.1.2 Alginate

Sodium Alginate is the sodium salt of alginic acid, a complex mixture of oligo-polymers, polymannuronic acid (MM), polyguluronic acid (GG) and a mixed polymer (MG) where sequences like GGM and MMG co-exist (Smidsrod et al., 1966). The mannuronic acid forms β (1-4) linkages, so that M-block segments show linear and flexible conformation. The guluronic acid instead gives rise to α (1-4) linkages, introducing a steric hindrance around the carboxyl groups; for this reason the G-block segments provide a folded and rigid structural conformation, responsible for a pronounced stiffness of the polymer. M and G blocks of the alginic acid salts are reported in Fig. 2.

Fig. 2. Molecular structure of alginic acid

In a water solution and in the presence of divalent cations, such as calcium ions, the peculiar buckled backbone of G segments gives rise to water insoluble gel due to the strong interactions between the divalent cations and the COO⁻ groups of the base residual of guluronic acid. Cations can be trapped in a stable, continuous and thermo-irreversible three-dimensional network, whose conformation is typical of an “egg box” (Grant et al., 1973; Grasdalen, et al., 1981) as shown in Fig. 3.

Fig. 3. Alginic acid “egg box” structure.

As a consequence, calcium alginate gel does not dissolve in water. Nevertheless, a re-hydration process occurs, allowing the gel to swell and to modulate the releasing of entrapped substances.

2.1.3 Pectin

Pectin is a polysaccharide extracted from plant cell walls and is used in many industrial applications as a thickener or gelling agent (Stephen, 1983). Pectin is a polymer of α -galacturonic acid with a variable number of methyl ester groups (Fig. 4).

Fig. 4. Molecular structure of pectin

Generally, pectin does not possess an exact structure, therefore, it does not adopt a straight conformation in solution, but is extended and curved with a large amount of flexibility. The methylation of the carboxylic acid groups forms methyl esters which are much more hydrophobic and consequently have a different effect on the structuring of the surrounding water. The properties of pectin depend on the degree of esterification, which is normally about 70%. Gel strength increases with increasing Ca^{2+} concentration but it reduces with temperature and acidity increase ($\text{pH} < 3$). In the absence of added cations, low methoxyl-pectin (~35% esterified) gels by the formation of cooperative “zipped” associations at low temperatures (~10°C) forming transparent gels. This hydrogen-bonded association is likely to be similar to that of alginate. High methoxyl-pectin (> 43% esterified, usually ~67%) gels by the formation of hydrogen-bonding and hydrophobic interactions in the presence of acids ($\text{pH} \sim 3.0$, to reduce electrostatic repulsions) and sugars (for example, about 62% sucrose by weight, to reduce polymer-water interactions). While the gel formed by low methoxyl-pectin results as being thermoreversible and not stable in water, the gel formed by high methoxyl-pectin is thermoirreversible mostly in the presence of high content of sugar (sucrose) and at low pH. In these conditions, the process of re-hydration of pectin gel is partially avoided by the firm hydrophobic structural network.

2.1.4 Chitosan

Chitosan is a cationic carbohydrate biopolymer derived from chitin, the second most abundant polysaccharide present in nature after cellulose. The main sources of chitin are the shell wastes of shrimps, lobsters and crabs (Johnson & Peniston, 1982). Upon the removal of most of the acetyl groups of chitin by treatment with strong alkali, chitosan yields. So

chitosan may be considered as a family of linear binary copolymers of (1→4)-linked 2-acetamido-2-deoxy- β -D-glucopyranose (GlcNAc) and 2-amino-2-deoxy- β -D-glucopyranose (GlcN) (Fig.5).

Fig. 5. Molecular structure of chitosan

Chitosan has a very diversified range of established and potential applications related to its polycationic properties, which are unique among polysaccharides and natural polymer in general (No & Meyers, 1995). It is well known that chitosan may complex with certain metal ions and this property is used for removal of traces of heavy metals or radio isotope in waste water. Another well documented application of chitosan is as a cholesterol-lowering agent but the much more controversial use of it, is as a weight reducing agent. It is also used as a potential vehicle for orally administered controlled-release drugs. So this material is proposed for preparing micro spheres and microcapsules (El-hefian et al., 2011). These are only few of the applications of chitosan. Although chitin is insoluble in most solvents, the properties of chitosan are related to its polyelectrolyte polymeric carbohydrate character. It is insoluble in water while it readily dissolves in dilute solutions of most organic acids such as acetic, citric, tartaric acids. Chitosan gel does not undergo a substantial swelling process when placed in water; it is instead stable because the polymer itself results as being insoluble in water (Cerver et al., 2004).

2.1.5 Carrageenan

Carrageenan is the hydrocolloid obtained from some red seaweeds by extraction with water or aqueous alkali (Murano et al., 1992; Kalia, 2005). Carrageenan consists chiefly of potassium, sodium, calcium, magnesium, and ammonium sulfate esters of galactose and 3,6-anhydrogalactose copolymers. These hexoses are alternately linked α -1,3 and β -1,4 in the polymer (Fig. 6). The three main copolymers in the hydrocolloid are designated kappa-carrageenan (κ -carrageenan), iota-carrageenan (ι -carrageenan) and lambda-carrageenan (λ -carrageenan). K-carrageenan is mostly the alternating polymer of D-galactose-4-sulfate and 3,6-anhydro-D-galactose. I-carrageenan is similar, except that the 3,6-anhydrogalactose is sulfated at carbon 2. Between k-carrageenan and ι -carrageenan there is a continuum of intermediate compositions differing in the degree of sulfation at carbon 2. In λ -carrageenan, the alternating monomeric units are mostly D-galactose-2-sulfate (1,3-linked) and D-galactose-2,6-disulfate (1,4-linked). The ester sulfate content for carrageenan ranges from 18 to 40%. In addition, carrageenan contains inorganic salts that originate from the seaweed and from the process of recovery of the extract. Carrageenan is recovered by either alcohol precipitation, or drum drying, or freezing. Primary differences which influence the

Fig. 6. Molecular structure of carrageenan

properties of κ -, ι - and λ -carrageenan are the number and the position of the ester sulfate groups on the repeating galactose units (Kennedy & White, 1983). Higher levels of ester sulfate lower the solubility temperature of the carrageenan and produce lower strength gel, or contribute to gel inhibition.

The comparative properties of the three types of carrageenan are reported in Table 1.

Kappa carrageenan	Iota carrageenan	Lambda carrageenan
Soluble in hot water.	Dilute solutions exhibit thixotropic characteristics.	Free flowing, non-gelling pseudo-plastic solutions in water.
The addition of potassium ions induces the formation of a durable, brittle gel; it also increases the gelling and melting temperatures.	Soluble in hot water; sodium iota carrageenan is soluble in cold and hot water.	Partially soluble in cold water, fully soluble in hot water.
Strong, rigid gel, some syneresis, forms helix with K^+ ions. Ca^{++} causes helices to aggregate and the gel to contract and become brittle.	The addition of calcium ions will induce the formation of a durable, elastic gel, and increase gelling and melting temperatures.	No gel, random distribution of polymer chains.
Slightly opaque gel. Becomes clear with sugar.	Elastic gels, forms helix with Ca^{++} . Limited aggregation contributes to elasticity, no syneresis.	Range from low to high viscosity.
Approximately 25% ester sulfate and 34% 3,6-AG.	Clear gel.	Addition of cations has little effect on viscosity.
Compatible with water miscible solvents.	Freeze/thaw stable.	Compatible with water miscible solvents.
Insoluble in most organic solvents.	Insoluble in most organic solvents.	Insoluble in most organic solvents.
Typical use levels – 0.02 to 2.0%.	Approximately 32% ester sulfate and 30% 3,6-AG.	Stable over a wide range of temperatures, including freeze/thaw cycles.
	Typical use levels – 0.2 to 2.0%.	Soluble in 5% salt solution, hot or cold.
		Approximately 35% ester sulfate and little or no 3,6-AG.
		Typical use level – 0.1 to 1.0%.

Table 1. Comparative properties of types of carrageenan

2.1.6 Carboxymethylcellulose

Carboxymethylcellulose (CMC) is a derivative of cellulose formed by its reaction with alkali and chloroacetic acid. The CMC structure is based on the β -(1,4)-D-glucopyranose polymer of cellulose (Fig. 7).

Fig. 7. Molecular structure of carboxymethylcellulose.

CMC molecules are shorter than native cellulose with uneven derivatization giving areas of high and low substitution. Substitutions are mostly 2-O- and 6-O-linked, followed in order of importance by 2,6-di-O- then 3-O-, 3,6-di-O-, 2,3-di-O- lastly 2,3,6-tri-O-linked. It appears that the substitution process is slightly cooperative (within residues) rather than a random process, which gives slightly higher than expected unsubstituted and trisubstituted areas. CMC molecules are highly extended (rod-like) at low concentration, while at higher concentration the molecules overlap and coil up and then entangle, to become a thermoreversible gel. Both increasing ionic strength and reducing pH decrease the viscosity as they cause the polymer to become more coiled. CMC dissolves rapidly in cold water and is mainly used for controlling viscosity without gelling. As its viscosity drops during heating, it may be used to improve the volume yield during baking by encouraging gas bubble formation. Its control of viscosity allows its use as thickener, and phase or emulsion stabilizer (for example, with milk casein), and suspending agent. CMC can be also used for its water-holding capacity as this is high even at low viscosity particularly when used with Ca^{2+} salt (Arisz et al., 1995).

2.1.7 Guar gum

Guar has been cultivated in India since centuries. India accounts for 80% of the total guar produced in the world. Historically, guar has been an important source of nutrition for humans as well as animals. Guar gum (galactomannan) is a high molecular weight carbohydrate derived from the natural seed of guar plant (*Cyamopistetragonolobus*). Structurally, guar gum is a polysaccharide consisting of a mannose backbone with a galactose side chain. The galactose is randomly placed on the mannose backbone with an average ratio of 1:2 galactose to mannose. The polymeric structure of guar gum containing numerous hydroxyl groups, has long since been exploited by industry (Goldstein et al., 1973). In Fig. 8 the guar gum chemical structure is reported.

The most important property of guar gum is its ability to hydrate rapidly in cold or hot water to attain uniform and very high viscosity at relatively low concentration. Another advantage associated with guar gum is that it provides full viscosity even in cold water. Although guar gum is one of the most cost-effective stabilizers and emulsifiers, its applications in food industry are numerous, due to its capacity to enhance texture, mouth feel, and to control crystal formation due to superior water-binding properties (Castillo-Garcia et al., 2005). It is inert in nature and it is resistant to oil, greases, and solvents. It also has excellent synergy with several other hydrocolloids, particularly xanthan gum (Ahmed et al., 2005). It has a very high viscosity even when very little is used.

Fig. 8. Molecular structure of guar gum

2.2 Proteins

Among proteins, the mostly widely used as feed binders are urea formaldehyde, wheat gluten and gelatin. Gelatin-based binders are a good alternative to gluten and urea formaldehyde. Gelatin and gluten have the advantage of being fully digestible and contain proteins (De Muylder et al., 2008), however, gluten employment may have some drawbacks due to its antigenicity (Shewry, 2009).

2.2.1 Gelatin

Gelatin is a mixture of water-soluble proteins derived from collagen by hydrolysis. The protein fraction consists almost entirely of amino acids. These amino acids are joined by amide linkage to form a linear polymer ranging from 15,000 to 250,000 Mw. Gelatin is particularly attractive for forming hydrogel packaging because it is relatively inexpensive and biodegradable, and its structure enables multiple combinations of molecular interactions (Farris et al., 2009). There are two types of gelatins which are characterized by their mode of manufacture. Type A gelatin (pH 3.8–6.0; isoelectric point 6–8) is derived by acidic hydrolysis of pork skin and contributes to increasing the plasticity and elasticity to the blend. Type B gelatin (pH 5.0–7.4; isoelectric point 4.7–5.3) is derived by basic hydrolysis of bones and animal skin and contributes to giving high gel strength to the blend. Various purity grades of gelatin are sold commercially in the form of translucent sheets, granules, or powders. Gelatin is practically odorless and tasteless. It is insoluble in acetone, chloroform, ethanol (95%), ether, and methanol. It is soluble in glycerin, acids, and alkalis, although strong acids or alkalis cause it to precipitate. It swells and softens in water, gradually absorbing 5 to 10 times its own weight in water. It solubilizes in hot water. Upon cooling to 35–40 °C, it forms a jelly or gel. At temperatures ≥ 40 °C, the system exists as a sol. A gel of higher viscosity is formed in alkaline media as compared with acid media (Robinson et al., 1975). Since it is a protein, gelatin exhibits chemical properties characteristic of proteins (e.g., gelatin is hydrolyzed by most of the proteolytic systems to yield its amino components). Gelatin reacts with acids and bases, aldehydes and aldehydic sugars, anionic and cationic polymers, electrolytes, metal ions, plasticizers, preservatives, and surfactants.

3. Feed manufacture

Feed used in small-scale experiments is usually prepared by simple operations. Ingredients are ground and mixed by hand or by extrusion at room temperature (cold-extrusion). Grinding of feed ingredients is a crucial operation since pellets made with finely ground ingredients will be more durable and hard (Lim & Cuzon, 1994). Cold extrusion has the advantage of preserving the nutritional properties of the diet in comparison to extrusion at high temperature. Although extrusion technology is widely employed in the production of aquaculture feeds (Chevanan et al., 2009) the high temperature and pressure may negatively affect the nutritional value of ingredients (Cuzon et al., 1994; Watanabe, 2002). On the other hand, heat-extrusion of macro algae based prepared feed makes carbohydrates more digestible compared with fresh algae ones, leading to better gonad yields in reared sea urchins (Akiyama et al., 2001).

Binders usually employed at a concentration to reach a final percentage ranging from 1 to 10% are dissolved in either warm or hot water. As the temperature decreases and the solution turns into a gel, diet ingredients are added (Ruscoe et al., 2005; Volpe et al., 2008; Simon, 2009). Diversely, binders are added in their powdery form to the diet ingredients, mixed and hot water is poured on the mixture, then stirred thoroughly to obtain a dough (Orire et al., 2010). Some binders such as zein are first dissolved in ethanol due to their water insolubility (Genodepa et al., 2004; Johnston & Johnston, 2007). The outcome is a microbound diet. Pellets are obtained by passing the dough in a mincer to form noodles that are cut in pieces of few mm, or the dough is spread on a tray and cut into pieces. Alternatively, the mixture is put in a marumerizer and spheroid fed particles are produced (Liu et al., 2008). Steam pellets can be obtained using a laboratory pellet mill (Palma et al., 2008). Pellets are either stored at low temperature (from 4°C to -20°C) until use or dried in order to decrease the moist content and then stored (Ruscoe et al., 2005). The former can be defined as “moist pellets” and the latter as “dry pellets”. A third type of pellet can be defined as “gelatinous pellets” and are obtained by mixing the dietary ingredients with oil (Johnston & Johnston, 2007; Liu et al., 2008). Pellets can also be coated with binders, leading to what is then termed a microcoated diet (Bautista et al, 1989).

4. Assessment of feed stability in water

Water stability of feed is of paramount importance in the manufacture of aquaculture diets. Water stability is greatly influenced by the properties of binders, although the ingredients themselves have a direct influence on the characteristics of the binders (Dominy & Lim, 1991). Durazo-Beltran and Viana (2001) report difficulty in bonding the constituents of fish silage to generate pellets for abalone farming, probably because of the high content of hydrolyzed protein. Although the water stability of aquatic feed is a major concern of the aquaculture industry, there is no standard method to determine feed water stability. It is usually estimated by the method of dry matter weight loss, according to which a certain amount of feed, usually in the form of pellets, is placed in a water containing beaker and allowed to stay for a variable length of time with occasional shaking. Pellets are then decanted and dried. Variability can be found in literature about the amount of water in which pellets are placed, temperature, time intervals, methods in pellet drying after incubation in water (Ruscoe et al., 2005; Johnston & Johnston, 2007; Palma et al., 2008; Orire et al., 2010). A slight modification of the dry matter weight loss is suggested by the

American Feed Industry Association (AFIA 1999 in Liu et al., 2008). According to the AFIA water stability is expressed as a percentage of pellets retained on a wire mesh sieve after immersion in a shaking water bath for a period on time after which the pellets are retrieved and dried. Obaldo et al. (2002) developed three methods for measuring the water stability of shrimp pelleted feeds: a static method, a horizontal method and a vertical shaking method. Several factors were taken into consideration (water and pellet agitation, direction of agitation, water temperature, salinity, leaching container, filtration medium) among which temperature and water salinity influenced the rates of dry matter retention the most. Higher water temperatures and lower levels of salinity produced more leaching and lower dry matter retention. In general, the three methods appeared to provide an accurate and precise means of determining the water stability of shrimp feeds. The employment of water shaking is particularly interesting inasmuch as it may mimic the actual indoor and outdoor culture conditions and can be usefully adjusted to variable conditions.

Water stability is expressed as a percentage of immersed diet weight/initial sample weight (Liu et al., 2008; Orire et al., 2010), or as percent loss of dry matter (%LDM) calculated as percent difference in sample weight (minus the initial diet moisture) after reweighing (Fagbenro & Jauncey, 1995; Johnston & Johnston, 2007), or as percentage of dry matter remaining (%DMR) calculated with the formula $\%DMR = \frac{W_o \times (1-M) - W_t}{W_o \times (1-M)} \times 100$ where W_o = pellet weight as-fed, W_t = weight after immersion and drying, and M = moisture content of diet as a proportion (Ruscoe et al., 2005).

Caltagirone et al. (1992) suggest a subjective parameter, to be taken into account together with the %LDM, in the evaluation of binder efficiency, that is the consistency of food, defined according to the following scale: 1) inconsistency (feed completely disintegrates on removal from the water; 2) weak consistency (feed partially disintegrates on removal from the water; 3) good consistency (feed does not disintegrate on removal from the water but disaggregates after the application of a weak pressure; 4) very good consistency (feed does not disintegrate on removal from the water and resists weak pressure). According to these evaluation parameters Caltagirone et al. (1992) evaluated six binding agents after 48 hours of water immersion: agar-agar, cellulose, CMC, guar gum, gelatine and sodium alginate. Cellulose and CMC were unsuitable as binders even at strong concentrations; sodium alginate retained a good consistency but showed a high loss of weight, while guar gum, gelatine and agar-agar appeared to be good binders in terms of pellet stability. Pearce et al. (2002b) tested prepared feed with different binders (gelatin, guar gum, sodium alginate, and corn starch), evaluating their effectiveness according to the above described methodology up to 216 hours of immersion in sea water. Guar gum and starch-based pellets became inconsistent after 24 hours of immersion; sodium alginate retained a good consistence for up to 48 hours, while gelatine remained firm and intact even after 216 hours in sea water. Again with the same evaluation procedure Mortensen et al. (2004) tested the stability of a pellet in which gelatine from fish-skin was strengthened with the enzyme transglutaminase. Feed retained a good consistency for up to 7 days in sea water and the loss in dry matter, even increasing with time, reached 17.6%, with respect to 60.1% of the salmon feed used as control.

In our laboratory, we adopted a rather different methodology, according to which pellet water stability was analyzed by monitoring the diameter of the released particles in water over progressive time intervals, employing a Low Angle Laser Light Scattering Technique. (Volpe et al., 2008; Coccia et al., 2010; Fabbrocini et al., 2011). The diameter of particles

released by pellets are continuously monitored over time, thus providing a time-course indication about the water stability as a function of the released particle diameter inasmuch as pellets that disaggregate into small particles are less stable in water than pellets that disaggregate into particles of a larger diameter. According to this evaluation methodology the binder capacity of two algal polysaccharides (alginate and agar) and one polysaccharide from fruit (pectin) revealed that pectin showed better water stability than alginate and agar (Volpe et al., 2008). When a coating was added to the microbound pellets water stability was improved. Indeed, microbound pellets disaggregated into particles of a derived diameter almost twice as large as pellets manufactured without coating (Coccia et al., 2010). Palma et al. (2008) report that pellets without binder, but with a microcoat of lignosol behaved less well in water than pellets made with lignosol as a binder, indicating that the presence of an internal binder is necessary to provide firmness to the feed. Using the Low Angle Laser Light Scattering Technique 3% and 6% agar-based round pellets specifically designed for sea urchin feeding, proved to have good water stability with a significant increase in the diameter of the released particles recorded only after 5 days of immersion in sea water for 3% agar- and 6 days for 6% agar-based pellets (Fabbrocini et al., 2011).

Due to the ample variability in feed ingredients, percentage of binders included and manufacture technology, it is impossible to come to the conclusion that a certain binder is better than another with respect to its water stability performances. Moreover, experimental outcomes are reported in literature as relative, that is a binder behaving better than another under specific conditions, making impossible an objective evaluation of binder performances. Nonetheless, in table 2, literature data on feed water stability are reported.

WATER STABILITY TEST	MAX TIME INTERVAL CONSIDERED	% OF BINDER EMPLOYED	OUTCOME ¹	REFERENCE
Dry matter weight loss	10 min	3% CMC, corn starch, guar gum, wheat gluten	CMC, guar gum, wheat gluten > corn starch	Fagbenro and Jauncey, 1995
Dry matter weight loss	2 h	2% agar, lignin	Lignin>agar	Palma et al., 2008
Dry matter weight loss	12 h	5% carrageenan 3% zein, agar 2% alginate, gelatin	Alginate, gelatin > carrageenan, zein, agar	Johnston and Johnston, 2007
Dry matter weight loss	12 h	10% Wheat flour 2% Whole cassava meal, dried molasses, agar, Langobin ^o	Wheat flour > whole cassava meal > dried molasses > agar > langobin	Seixas Filho et al., 1997a
Dry matter weight loss	24 h	0.5-2.5% Agar, Alginate, Carrageenan	All effective at 0.5%	Durazo-Beltran and Viana, 2001
Dry matter weight loss	48h	Agar-agar, carboxyl-methyl-cellulose (CMC), guar gum, gelatin, sodium alginate, cellulose	Agar-agar, gelatin, guar gum > sodium alginate > CMC, cellulose	Caltagirone et al., 1992

WATER STABILITY TEST	MAX TIME INTERVAL CONSIDERED	% OF BINDER EMPLOYED	OUTCOME ¹	REFERENCE
Dry matter weight loss	168h	Fish-skin gelatin+0.13% transglutaminase (TG)	Gelatin + TG > commercial salmon feed	Mortensen et al., 2004
Dry matter weight loss	216h	Guar gum, gelatin, sodium alginate, corn starch	Gelatin > sodium alginate > guar gum, corn starch	Pearce et al., 2002b
Dry matter retention	30 min	7% starch 2% carrageenan, CMS, alginate, gelatin	Carrageenan> alginate> gelatin> CMS	Liu et al., 2008
Dry matter remaining after immersion in water	180 min	3 and 5% carrageenan, CMC, agar, gelatin	Carrageenan , CMC> agar, gelatin	Ruscoe et al., 2005
Variation in weight after soaking in water	24 hours	10% Gelatin 30% alginate	Alginate>gelatin	Valverde et al., 2008
Variation in weight after soaking in water	24 hours	2% alginate plus 1% sodium hexametaphosphate or D-gluconic acids as sequestrants 9 and 13% agar 6 and 15% gelatin 20% agar/gelatin mixture	Agar/gelatin > agar> alginate>gelatin	Knauer et al., 1993
Long Angle Laser Light Scattering Technique	24 hours	2.5% Agar, alginate, pectin	Pectin>agar, alginate	Volpe et al., 2008
Long Angle Laser Light Scattering Technique	24 hours	1% chitosan, pectin, agar, alginate	Chitosan, pectin> agar, alginate	Coccia et al., 2010
Long Angle Laser Light Scattering Technique	96h 144h	3% agar, 6% agar	No differences agar 6% > agar 3%	Fabbrocini et al., 2011

¹ The reported outcome refers to the maximum time interval tested . > means that the binder(s) on the left perform better than the binder(s) on the right. * a commercial binder.

Table 2. Effect of binders on feed water stability.

5. Assessment of nutrient leaching

Binder type may affect feed stability in water, and by leaching of attractant molecules may determine attractiveness of microbound diets. Partridge and Southgate (1999) report that leaching increased with decreasing binder concentration. O'Mahoney et al. (2011) in a study aimed at investigating the characteristics of new substances to be employed as binders for abalone farming, found no dry matter leaching after up to 4 days of water immersion of feed containing glucomannan-xanthan gum. In spite of the importance of assessing nutrient leaching there is still no standard method to determine it. Some authors report nutrient leaching and dry matter loss after water immersion as synonyms. Other authors use instead different procedures to determine nutrient leaching such as radiolabelled substances included into the feed, internal markers, detection of specific nutrients, protein or lipid. Genodepa et al. (2007) included ^{14}C -labelled rotifers in the feed and tested the effect of zein, agar, alginate and carrageenan on nutrient leaching. They report that leaching occurred primarily within the first 30 minutes of immersion and longer immersion periods (up to 240 min) only resulted in a very modest increase in leaching rates. The leaching rate of zein-bound diets was significantly lower than that of agar-, alginate- and carrageenan-bound diets. On the contrary, Fagbenro and Jauncey (1995) report that the leaching of total protein content was very low, after 10 min immersion in water of pellets made with 3% CMC, corn starch, guar gum or wheat gluten. Accordingly, Simon (2009) found no significant difference in chromic oxide (as internal standard) and nutrient concentrations after 1 hour immersion in water of pellets containing gelatine (8%), alginate (7%), or agar (8%). Kovalenko et al. (2002) evaluated dietary water soluble vitamins riboflavin and thiamine levels before and after water immersion of feed containing 5.38% of alginate and report a substantially high loss of both vitamins after 90 min of immersion, with the greatest percent loss within 1 to 15 min interval. Falayi et al. (2006) evaluated total protein and lipid content in pelleted feed samples containing 10% wheat grain starch and cassava tuber starch as both binding agents and carbohydrate source. They found that after 1 hour of water immersion protein retention dropped to about 80% while lipid retention was about 97-95%.

6. Binder effect on growth

The relationship between the availability and composition of food and the growth rate of a given aquatic species is of a crucial importance for the optimization of the rearing conditions. In order to understand this relationship the main physiological processes of the organism (ingestion, assimilation, respiration, growth and reproduction) should be taken into account and evaluated by means of integrated models (Van der Meer, 2006). Theories of dynamic energy budgets (DEB) received great impetus in the last decades, against the previous prevalent static approach. Among the various models proposed, the Kooijman κ -rule DEB theory (Kooijman, 2001) is one of the most encompassing. As reported in Figure 9, this model assumes that a part of ingested food is assimilated, then it enters the reserves and therefore a part is spent for maintenance and growth (priority flux), while the rest is utilized for maturation and reproduction.

Being all DEB models relatively simple, they did not take into account species-specific physiological aspects of the single considered species, which therefore need to be considered each time. On the basis of these considerations and given that binders often account for a consistent part of a prepared pellet, the effect of these substances on the ingestion, digestion

Fig. 9. Schematic representation (modified from van der Meer, 2006) of the Koijman Dynamic Energy Budget model.

and assimilation processes of each reared species must be carefully taken into account in order to maximize the experimental feed efficiency.

6.1 Fish

A limiting factor in larviculture of many fish and crustaceans is the availability and nutritional value of live food. Larvae of many species have been raised using *Artemia salina* naupli and rotifers. However, their nutritional quality may change according to the source and the time of harvest of cysts. Formulated feed is by far more attractive due to the possibility to adjust its composition and size to the nutritional needs of the species. Most commercial larval diets are microbound diets, where binders are used to stabilize feed pellets and ensure minimum leaching and disintegration (Hashim and Saat, 1992). Carrageenan containing pellets are suitable for the ayu, *Plecoglossus altivelis* (Teshima et al., 1982), but not for postlarval tongue sole (*Cynoglossus semilaevis*) (Liu et al., 2008). Both alginate and zein appear to be suitable for farming larvae of sea bass (*Dicentrarchus labrax*) (Person Le Ruyet et al., 1993) but not barramundi (*Lates calcalifer*) (Partridge & Southgate, 1999), although Lee et al. (1996) previously reported that *Lates calcifer* larvae were able to digest both alginate and gelatine bound diets. Sodiumcarboxymethylcellulose, sodium alginate and gelatin included in feed for postlarval tongue sole (*Cynoglossus semilaevis*) brought about a growth similar to controls (Liu et al., 2008). Recently, a microbound diet containing soy lecithin, wheat gluten, and alginate has been patented for the culture of larval fish and crustaceans (D'Abramo, 2003).

6.2 Crustaceans

Dietary binders have been tested for growth performance in several species, with often conflicting results. Wheat flour, whole cassava meal and dry molasses were effective binders and caused the highest weight gain in crayfish *Macrobrachium rosenbergii* post-larvae, in comparison to agar (Seixas Filho et al., 1997a), although agar containing pellets had the best texture (Seixas Filho et al., 1997b). Unfortunately, no comparison with a control group fed natural diet was provided in this study. In contrast, Kovalenko et al. (2002) report that

growth of larvae fed alginate containing feed, was only 90% of that achieved for larvae fed natural diet (newly hatched nauplii of *Artemia*). Both lignosol and agar brought about a significant increase in weight in juvenile shrimp *Palaemonetes varians* and *Palaemon elegans* (Palma et al., 2008). Alginate, agar and pectin caused good growth performance in both *Cherax albidus* juveniles and adults with respect to control animals fed natural diet, with pectin giving the best results in both juveniles and adults (Volpe et al., 2008; Coccia et al., 2010).

6.3 Molluscs

Alginate and gelatin have been tested on cephalopod growth. The presence of alginate as food binder in *Octopus maya* negatively affected growth rate and survival even when added at a very low percentage. Indeed, *Octopus maya* fed alginate-bound crab showed a survival rate of only 15% with respect to the control group fed with crabs (Rosas et al., 2008). Both *Octopus maya* and *Octopus vulgaris* fed diets containing alginate and gelatin as binders grew significantly less than the controls fed natural diets (Rosas et al., 2008; Valverde et al., 2008; Garcia et al., 2011).

Konjac glucomannan and xanthan gum were used together in different configurations (1:1; 1:3) in feed for abalone (*Haliotis discus hannai*). Although no differences in growth have been recorded between treatments, growth parameters were significantly higher in animals fed a natural diet (O'Mahoney et al., 2011).

6.4 Sea urchins

The rapid expansion of the culture of sea urchins has increased the demand for formulated feed, specifically developed taking into account the echinoids needs. It has been widely demonstrated as prepared diets increase both test growth and gonad yield with respect to natural food (Pearce et al., 2004; Otero-Villanueva et al., 2004; Schlosser et al., 2005; Azad et al., 2011) and also feed initially formulated for other species than echinoids proved to successfully support urchins' growth and gonad maturation (Fabbrocini & D'Adamo, 2010). On the other hand, these diets frequently lead to poor gonad quality in terms of texture, firmness, colour and taste (Pearce et al., 2002b; Schlosser et al., 2005), that means low marketability of the product. For these reasons research focused on the formulation of suitable feed for sea urchin must take into account the effects on both gonad yield and sensory quality of both the components of the experimental diets and the binders used to give consistence to the pellets. Numerous binders have been successfully employed in the formulation of feed for different sea urchin species. In many echinoid species gelatin based pellets lead to a greater urchin growth (Fernandez & Pergent, 1998; Daggett et al., 2005) and a higher gonad yield (Pearce et al., 2004; Barker et al., 2006; Phillips et al., 2009) with respect to urchin fed on fresh macroalgae; also a pellet based on gelatin strengthened with the enzyme transglutaminase (γ -glutamyltransferase) gave better results in terms of gonad index with respect to *Laminaria hyperborea* diet in *Strongylocentrotus droebachiensis* (Mortensen et al., 2004). Similarly, a feed containing a mixed binder gelatin-sodium alginate supported juveniles growth of *Strongylocentrotus droebachiensis* better than fresh *Laminaria* (Kennedy et al., 2007). Also agar (Barker et al., 1998), sodium alginate (Akiyama et al., 2001; Pearce et al., 2002b), guar gum and corn starch (Pearce et al., 2002b) based pellets gave better results in terms of gonad indices with respect to a natural diet. Despite the fact that much of

the research on sea urchin rearing in confined conditions has focused on the formulation of prepared feed, few published studies have examined the effects of the binder nature and concentration on urchins' gonad growth and sensory quality.

Akiyama et al (1997) tested the effectiveness as a binder of 30% sodium alginate and of 15% Curdlan™, a polysaccharide produced by the bacteria *Alcaligenes faecalis* var. *myxogenes* and commonly used in human foods. They found that gonad growth in *Pseudocentrotus depressus* was higher with alginate based feed, with respect to Curdlan™ based pellet. Pearce et al. (2002b) tested different experimental feed which differed only for the binder type (gelatin, guar gum, sodium alginate, and corn starch) and concentration (3% and 5%), in order to evaluate the binder effect on gonad growth of *Strongylocentrotus droebachiensis*. Even if gonad growth was faster with gelatin and alginate based pellets, at the end of the trial (12 weeks) gonad indices (GI) were similar for the various binders at the higher concentration (5%), while it was slightly lower with 3% guar gum and corn starch. Fabbrocini et al. (2011) tested the effectiveness of agar based pellets for gonad growth and gamete production in *Paracentrotus lividus*. Pellets made of commercial feed Classic® (hendrix) and 3% agar gave the same results of the Classic® alone, therefore agar did not hamper gonad growth; in addition, urchins fed on *Ulva*-agar pellets in a 4 weeks rearing trial progressed in the reproductive cycle as those fed on commercial feed, showing comparable gonad indices levels. Regarding gonad sensory quality, a prepared diet with a high content of gelatin gave good results in *Evechinus chloroticus* (Phillips et al., 2009). On the contrary, in *Strongylocentrotus droebachiensis* a gelatin-transglutaminase based diet gave poor results in terms of gonad taste (Mortensen et al., 2004), while the best results in terms of gonad colour were obtained with a starch-based pellet by Pearce et al. (2002b). All these considered, when choosing the binder it is crucial to take into account the urchin species to be reared and the objective to be reached: urchin growth, gonad yield and gamete production, or gonad sensory quality.

In Table 3 the effect of feed binders on growth are reported.

7. Binder effect on feed digestibility

Several reports indicate a relationship between binders and nutrient digestibility. Different techniques are used for evaluating feed digestibility (Khan et al., 2003) among which the total collection technique, although time-consuming and stressful for the animal, is the most reliable method. The feed is fed in known quantities to the animal and accurate records of feed intake and fecal output are kept. Thus, it is foreseeable that digestibility experiments in aquatic animals are prone to errors related to the difficulty of measuring the correct amount of feed ingested and the methods employed to collect feces (i.e., settlement, filtration) which result in leaching losses (Irvin & Tabrett, 2005). It has been shown that the settlement collection method results in an overestimation of protein digestibility by up to 6% when feces are collected once every 6 h rather than hourly post-feeding in shrimp (Smith & Tabrett, 2004). Alternatively, *in vitro* techniques may be used to provide a quick and low cost method to predict nutrient digestibility. The digestibility of several carbohydrate sources for juveniles of the spiny lobster *Jasus edwardsii* has been estimated by measuring their rates of hydrolysis *in vitro* using enzyme homogenates and postprandial haemolymph glucose concentrations following ingestion of semi-purified diets (Simon, 2009). Many different factors influence the efficiency of digestion. The impact of binder type on feed digestibility

BINDER	% Binder employed	SPECIES	GROWTH	Reference
CARBOHYDRATES				
Agar	2	<i>Palaemonetes varians</i> (juveniles)	Positive	Palma et al., 2008
	2	<i>Palaemon elegans</i> (juveniles)	Positive	
	2.5	<i>Cherax albidus</i> (adults)	Positive	Volpe et al., 2008
	2	<i>Cherax albidus</i> (juveniles)	Positive	Coccia et al., 2010
	3	<i>Paracentrotus lividus</i> (adults)	Same as control	Fabbrocini et al., 2011
Alginate	2.5	<i>Cherax albidus</i> (adults)	Positive	Volpe et al., 2008
	5.38	<i>Macrobrachium rosenbergi</i> (larvae)	Negative	Kovalenko et al., 2002
	10	<i>Octopus vulgaris</i>	Negative	Garcia et al., 2011
	1	<i>Octopus Maya</i>	Negative	Rosas et al., 2008
	30	<i>Octopus vulgaris</i>	Negative	Valverde et al., 2008
	2	<i>Cynoglossus semilaevis</i> (postlarvae)	Same as control	Liu et al., 2008
	2	<i>Cherax albidus</i> (juveniles)	Positive	Coccia et al., 2010
	30	<i>Pseudocentrotus depressus</i> (juveniles)	Negative vs control Positive vs curdlan®	Akiyama et al., 1997
	30	<i>Pseudocentrotus depressus</i> (juveniles)	Positive	Akiyama et al., 2001
	3; 5	<i>Strongylocentrotus droebachiensis</i> (adults)	Positive	Pearce et al., 2002b
Carboxymethyl cellulose	2	<i>Cynoglossus semilaevis</i>	Same as control	Liu et al., 2008
Carrageenan	2	<i>Cynoglossus semilaevis</i>	Negative	
Chitosan	1	<i>Cherax albidus</i> (juveniles)	Positive	Coccia et al., 2010
Konjac glucomannan-xanthan gum	0.1; 7,5	<i>Haliotis discus hannai</i>	Negative	O'Mahoney et al., 2011

BINDER	% Binder employed	SPECIES	GROWTH	Reference
Guar gum	3; 5	<i>Strongylocentrotus droebachiensis</i> (adults)	Positive	Pearce et al., 2002b
Lignosol	2	<i>Palemonetes varians</i> (juveniles)	Positive	Palma et al., 2008
	2	<i>Palemon elegans</i> (juveniles)	Positive	
Corn starch	3; 5	<i>Strongylocentrotus droebachiensis</i> (adults)	Positive	Pearce et al., 2002b
Pectin	2.5	<i>Cherax albidus</i> (adults)	Positive	Volpe et al., 2008
	1	<i>Cherax albidus</i> (juveniles)	Positive	Coccia et al., 2010
PROTEINS				
gelatin	10	<i>Octopus vulgaris</i>	Negative	Garcia et al., 2011
	2	<i>Octopus Maya</i>	Same as control	Rosas et al., 2008
	10	<i>Octopus vulgaris</i>	Negative	Valverde et al., 2008
	2	<i>Cynoglossus semilaevis</i> (postlarvae)	Same as control	Liu et al., 2008
	3; 5	<i>Strongylocentrotus droebachiensis</i> (adults)	Positive	Pearce et al., 2002b
	5	<i>Strongylocentrotus droebachiensis</i> (juveniles)	Positive	Pearce et al., 2002b
	5	<i>Strongylocentrotus droebachiensis</i> (juveniles)	Positive	Daggett et al., 2005
MIXED BINDERS				
Gelatin+ transglutaminase	? 0.13%	<i>Strongylocentrotus droebachiensis</i> (juveniles)	Positive	Mortensen et al., 2004
Gelatin+ alginate	5 2	<i>Strongylocentrotus droebachiensis</i> (juveniles)	Positive	Kennedy et al., 2007

Table 3. Effect of feed binders on growth

is another of a series of factors that must be taken into consideration when designing a formulated feed type that is intended to be successful. High concentrations of binder may in fact cause a reduction in diet digestibility. Measuring the apparent digestibility of binders is

necessary in order to better understand their bioavailability when incorporated in formulated diets and their potential influence on the digestibility of other major macro-ingredients such as protein. Unfortunately, the effect of binders on diet digestibility has been largely overlooked. Simon (2009) found that gelatin, but not agar or alginate (7-8% inclusion level), positively affected digestibility in the juveniles of the lobster *Jasus edwardsii*. Similarly, *Octopus maya* fed alginate containing pellets lost weight and died, suggesting that this binder negatively affects nutrient absorption, while gelatin promoted absorption of nutrients (Rosas et al., 2008). It seems that binders have detrimental effects on nutrient digestibility in fish, as they accelerate gastrointestinal transit time (Storebakken, 1985). The inclusion of guar gum to tilapia feed has nutrient digestibility coefficients lower than diets containing CMC, corn starch and wheat gluten (Fagbenro & Jauncey, 1995). This is in line with previous results showing that fish feed containing highly effective binders had negative effects on macronutrient digestibility probably due to physical effects, such as changes in viscoelastic properties (Storebakken & Austreng, 1987; Storebakken et al., 1998). Recently, the effect of two natural binders (fava and kidney beans) on protein and lipid digestibility in the Atlantic salmon *Salmo salar* showed no significant differences between the dietary treatments (Pratoomyot et al., 2011) and the addition of guar gum to the diet of rainbow trout positively affected digestibility when employed with plant meal (Brinker & Reiter, 2011). The pattern of food residence in the gut was found to vary little with diet or urchin size (38-42h) in *Psammechinus miliaris* (Otero-Villanueva et al., 2004). Lawrence et al. (1989) found that in *Paracentrotus lividus* gut passage-time and apparent dry matter digestibility were similar with agar-based feed containing either soybean or fish meals. Similar results were reported by Klinger et al. (1994) for *Litochinus variegatus*. No differences in absorption efficiency were recorded for *Evechinus chloroticus* fed on extruded or agar-based pellets (Barker et al., 1998). In *Pseudocentrotus depressus* feed efficiency was higher for alginate-based pellets than for kelp (Akiyama et al., 2001), while regarding the effect of different binders, alginate-based pellets showed a lower feed efficiency than Curdlan™-based ones (Akiyama et al., 1997).

8. Binder effect on digestive enzymes

It is commonly agreed that species exhibit a particular suite of digestive enzymes that reflect their different life history (Figueiredo & Anderson, 2009). Consequently, from the digestive enzyme profile it is possible to predict the ability of the species to use different nutrients. Since the digestive enzyme activity is high for those substrates that are more common in the diet (Moss et al., 2001) there is a common belief that the activity of digestive enzymes can be boosted by providing certain nutrients into the diet for an adequate amount of time.

It is well known that crustaceans adapt their digestive enzymatic profile and activity to the diet composition (Muhlia-Almazan et al., 2003; Johnston & Freeman, 2005; Pavasovic et al., 2007a), as a consequence of an enzymatic battery capable of hydrolyzing the wide variety of substrates that they encounter in their natural diet (Linton et al., 2009). Modifications in digestive enzyme activity in different penaeid shrimp larvae have been related to the quantity or quality of some component of the diet (Le-Vay et al., 1993; Rodriguez et al., 1994; Le Moullac et al., 1997; Lemos & Rodriguez, 1998; Brito et al., 2000). Protein composition of the diet increased protease activity in *Marsopeneaus japonicas* juveniles and *Litopenaeus vannamei* larvae (Van Wormhoudt et al., 1986; Le Moullac & Van Wormhoudt, 1994; Le Moullac et al., 1997). Some authors suggest that the increase in amylase activity found in

Penaeus monodon (Fang & Lee, 1992), and *Litopenaeus vannamei* (Brito et al., 2000), may be related to the low level of carbohydrate in the diet (Le Vay et al., 1993; Rodriguez et al., 1994; Kumlu & Jones, 1995; Lemos & Rodriguez, 1998). Protease, amylase and cellulase activities have been found to be positively correlated with dietary protein levels (Pavasovic et al., 2007b), and negatively correlated with high cellulose levels (Pavasovic et al., 2006). In contrast, in the white shrimp *Penaeus vannamei* dietary protein level did not influence total protease activity, although modulation of trypsin- and chymotrypsin-like activities has been documented (Muhlia-Almazan et al., 2003). Moreover, no significant difference was observed in protease activity of *Litopenaeus vannamei* (Rivas-Vega et al., 2006) and *Scylla serrata* subjected to different dietary treatments (Pavasovic et al., 2004). In *Cherax quadricarinatus* the digestive enzyme secretion is modified by the diet composition, such as the presence of animal- or plant-derived ingredients (Lopez-Lopez et al., 2005; Pavasovic et al., 2007a). In the mollusk *Babylonia areolata* a positive correlation between dietary lipid level and lipase activity has been reported (Zhou et al., 2007). Among teleosts, proteolytic activity has been found unresponsive to the protein content of the diet in *Pseudoplatystoma corruscans* (Lundstedt et al., 2004) and in early weaned sea bass (*Dicentrarchus labrax*) larvae (Cahu & Zambonino-Infante, 1994), but not in *Colossoma macropomum*, where digestive protease increased along with dietary protein content (De Almeida et al., 2006). On the other hand, alkaline protease activity was higher in *Dentex dentex* fed a diet with less protein and more carbohydrates (Perez-Jimenez et al., 2009). Amylase activity was higher in *Pseudoplatystoma corruscans* fed diets containing 13-25% of starch and similarly, it could be adjusted through the starch level of the diet in *Colossoma macropomum* (De Almeida et al., 2006) and *Dentex dentex* (Perez-Jimenez et al., 2009). A positive correlation has been observed between lipase and dietary lipid levels in *Colossoma macropomum* (De Almeida et al., 2006) and *Lateolabrax japonicus* (Luo et al., 2010). In any case the emerging picture in teleosts is one of wide complexity and variability due to the different of habitats and life histories of such vertebrates.

Virtually no studies have been carried out with the main purpose of investigating the effect of feed binders on digestive enzyme activity. The effect of different binders on digestive enzymes profile has been studied by us in *Cherax albidus* (Volpe et al., submitted). In an attempt to understand if the presence of binders influenced the digestive enzymatic profile we undertook a screening of carbohydratases, lipases and proteases along the digestive tract of juvenile *Cherax albidus* under both natural diet (Coccia et al., 2011) and different experimental diets based on pellets containing different binders but the same proximate composition. We found that digestive enzyme activities did not statistically show significant differences in the digestive tract except for amylase that was significantly higher in the intestine compared to the gastric juice and hepatopancreas of animals fed pectin containing pellets for 12 weeks.

9. Conclusion

Good water stable pellets are a major concern for the aquaculture industry. Binder agents have been widely employed to improve the stability of aquatic animal feed. Binders are believed to prevent or at least reduce major nutrient loss and feed softness which is inevitable when pellets stay in water for long periods of time. Preventing or reducing such an inconvenient would have beneficial consequences on the aquaculture industry. Binder prices may significantly affect the cost of the diet, therefore the utilization of natural

substances, biodegradable and renewable may be advantageous from an environmental and economical point of view. Although there is not such a thing as the best binding agent, the research in this field is actively ongoing, since different species and even the same species during different phases of the life cycle have different feeding behaviours and nutritional needs. However, despite progress in recent years, knowledge of microbound diets and their impact on digestive physiology and growth performances of reared aquatic species is still not sufficient in light of the industry's needs and thus further research is required.

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Aquaculture

Edited by Dr. Zainal Muchlisin

ISBN 978-953-307-974-5

Hard cover, 390 pages

Publisher InTech

Published online 27, January, 2012

Published in print edition January, 2012

This book provides an understanding on a large variety of aquaculture related topics. The book is organized in four sections. The first section discusses fish nutrition second section is considers the application of genetic in aquaculture; section three takes a look at current techniques for controlling lipid oxidation and melanosis in Aquaculture products. The last section is focused on culture techniques and management, ,which is the larger part of the book. The book chapters are written by leading experts in their respective areas. Therefore, I am quite confident that this book will be equally useful for students and professionals in aquaculture and biotechnology.

How to reference

In order to correctly reference this scholarly work, feel free to copy and paste the following:

Marina Paolucci, Adele Fabbrocini, Maria Grazia Volpe, Ettore Varricchio and Elena Coccia (2012). Development of Biopolymers as Binders for Feed for Farmed Aquatic Organisms, Aquaculture, Dr. Zainal Muchlisin (Ed.), ISBN: 978-953-307-974-5, InTech, Available from:
<http://www.intechopen.com/books/aquaculture/development-of-biopolymers-as-binders-for-feed-for-farmed-aquatic-organisms->

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