

Theory and Practice of MRA-Guided Transcranial Doppler Sonography

Francisco L. Colino and Gordon Binsted

*Department of Human Kinetics, Faculty of Health and Social Development,
The University of British Columbia, Kelowna, BC,
Canada*

1. Introduction

Despite consisting of 2 - 3% of total body mass, the brain accounts for ~20% of the body's oxygen consumption and therefore must receive significant blood supply to maintain homeostasis (Ainslie & Duffin, 2009). This profound dependency on blood supply belies the brain's apparent ability to regulate blood supply so tightly. Hence, the brain's ability to regulate its blood supply has been, and still is, the subject of considerable research (e.g., Kety & Schmidt, 1948; Panerai et al., 2009; Willie & Smith, 2011; Willie et al., 2011; also see Ainslie & Duffin, 2009 for a recent review). However, the dense cortical bone of the skull does not lend itself easily to normal ultrasound techniques.

The most common tool for assessing cerebral blood flow regulation is transcranial Doppler sonography (TCD) as it operates at lower frequencies (usually 1 - 2 MHz), relative to conventional ultrasound frequencies (≥ 5 MHz), to penetrate the skull. Traditionally, researchers rely solely on an M-mode display¹ for information regarding depth, blood flow velocity, pulsatility index, etc. (Aaslid et al., 1986). Based on historical indicators they infer which vessel is insonated; for example, the user can perform simple stimulus-response tests to confirm that the identity of the vessel. A reduction in blood flow velocity following the vibration/compression of the external carotid would confirm middle cerebral artery (MCA) insonation. In a similar fashion, flow variation accompanying the opening/closing of the eyes is a simple confirmatory test for the posterior cerebral artery (PCA).

Despite these well-established procedures to determine vessel identity, there are several notable problems with the current approach. First, TCD measures blood flow velocity, which is a relative measure; absolute flow cannot be estimated without knowing the vessel diameter. Specifically, according to Poiseuille's Law, flow (Q) is determined by the vessel length (L), pressure difference (P), viscosity (η) and, most notably, vessel radius (α).

$$Q = \frac{pa^4P}{8Lh} \quad (1)$$

¹ M-mode stands for 'motion mode'. This modality returns echoes over time for one line of the B-mode image. Thus, movement of structures positioned in that line can be visualized in a time-varying fashion. Often M-mode and B-mode are displayed together on the ultrasound monitor.

While each factor is relevant to an accurate estimate of flow, vessel radius has the most profound influence as it is raised to the fourth power. For example, if an occlusion (e.g., due to thrombus etc.) decreases vessel radius by $1/2$ then blood flow decreases 16-fold. Thus, it is critical to know the *veridical* radius when estimating absolute volumetric flow – even if the other factors are known.

However, it is also important to note that intracranial arteries are distensible (Monson et al. 2008) and therefore the reliance on Poiseuille's Law is inappropriate. Notably, a recent computer simulation of the cerebral circulation has identified vascular compliance as an important determinant of dynamic cerebral pressure–flow relationships characterized in the frequency domain (Zhang et al. 2009). Based on a Windkessel model, they reported that increases in steady state cerebrovascular resistance and or decreases in compliance could alter dynamic pressure–flow velocity relations within the cerebral circulation. This finding suggests added complexity to the study of cerebrovascular physiology because the current characteristics, derived largely from transfer function analysis (TFA), are commonly ascribed to active vascular control mechanisms without acknowledging the dynamic mechanical properties of the cerebral vasculature. Specifically, vascular compliance necessitates the consideration of the rate of pressure change driving the volume expansion in compliant vessels (i.e. capacitive blood flow) in addition to the instantaneous blood pressure that drives blood flow directly through small resistive vessels (Chan et al. 2011).

When estimating blood flow velocity using TCD, insonation angle can also profoundly impact measure accuracy. The accuracy of the flow-measure estimate increases as the insonation angle decreases (i.e. becomes closer to parallel). An oblique angle results in underestimation (see Aaslid, 1986). Problematically however, information regarding insonation angle is rarely available. Indeed, blood velocity data garnered from TCD are often compared to control conditions using percent change metric as an attempt to control for this shortcoming. Such an approach makes comparison between individuals and/or groups problematic at best. Information regarding vessels course, depth and diameter would reasonably aid estimation of absolute blood flow, while confirmation of insonation location (e.g., segment of vessel) and insonation angle will aid replication and reliability. Thus, with this knowledge, researchers would be able to employ more varied designs, enabling consideration of absolute, multi-day measures and between-subject comparisons. While we certainly acknowledge that the majority of TCD users adopt attenuation methods as opposed to absolute velocities (for the reasons highlight above), it is nonetheless important to recognize the limitations of stimulus-response relationships (e.g., for reactivity or autoregulation testing, read: Ainslie & Duffin; and Willie et al) and present more comprehensive alternatives.

There are limited number of examples in the literature exist that attempted to address the problem of TCD guidance (Auer et al., 1999; Kantelhardt et al., 2011). A recent study looked at neurological patients with various forms of head trauma using computerized tomography of the basal cerebral arterial architecture (Kantelhardt et al., 2011). These authors demonstrated that CT-guided TCD is a viable and efficient means to re-examine neurology patients. Specifically, this group was able to reduce initial examinations to approximately 8 minutes of all measured vessels (i.e., internal carotid artery, MCA, MCA bifurcation, PCA, anterior cerebral artery (ACA), and posterior communicating arteries). Kantelhardt and colleagues concluded that navigated TCD provides faster and more reliable insonation of all

basal cerebral vessels given visualized anatomical references. Incredibly, subsequent examination times on the same patient were reduced by approximately 50%. The development of a standardized protocol for image-guided TCD, to establish spatial coordinates of vascular structures, should aid multi-day investigations by improving inter-session precision, reducing inter- and intra-investigator variability, and accommodating cases of atypical vascular architecture.

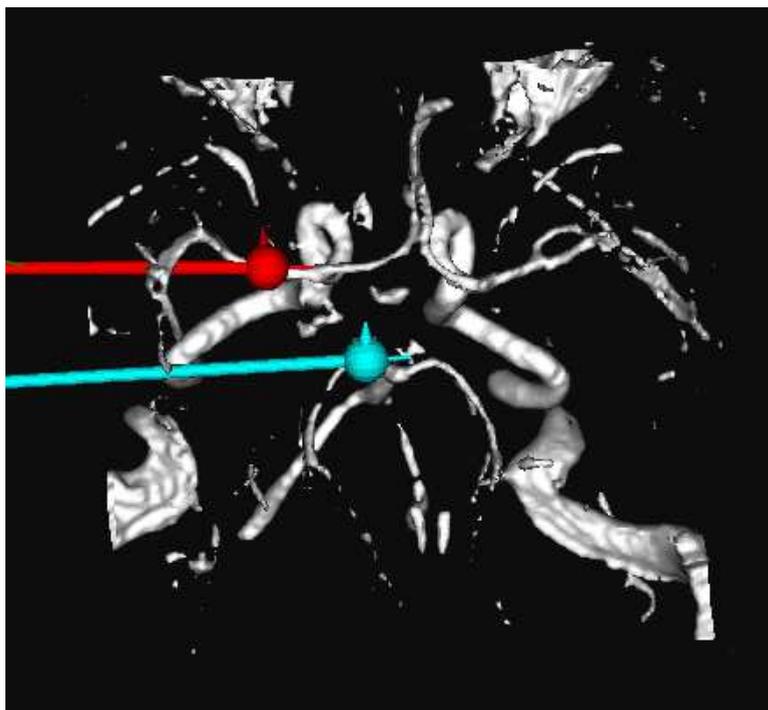


Fig. 1. Example of targets on MCA (red trajectory) and PCA (light blue trajectory) for TCD guidance. The experimenter is guided to the target vessel relative to the targets set by the experimenter. The angle of the probe relative to these target gives insonation angle as well as target depth. However, it is important to note that target selection is entirely based on experimenter judgment. Therefore, it is recommended that the target is set as parallel as possible to the blood vessel's longitudinal axis. Indeed, a tortuously coursed vessel complicates the procedure.

The limitations presented for TCD stem largely from its inability, due to low ultrasonic frequency, to resolve a useful 2D image. Higher ultrasound frequencies cannot adequately penetrate the bones of the skull. B-mode duplex ultrasonography used in neurosurgical settings (e.g., Mathiesen et al., 2007; Mercier et al., 2010; Weiss et al., 2008) is only possible due to the availability of an open window free of bony obstruction. In most physiological experiments the researcher does not have this luxury and are limited to relying on "windows" (i.e., areas of thin bone) to interrogate the vessels of interest (Grolimund, 1986). A way to overcome this physical barrier is achieved by magnetic resonance angiography

(MRA) which, when coupled with existing neuronavigation systems (Gronningsaeter et al., 2000; Mathiesen et al., 2007), can provide an effective means to help direct the TCD probe. While there are other imaging modalities available (e.g., CT), MRA is a non-invasive method that does not emit ionizing radiation nor does it require contrast agents (Kantelhardt et al., 2011).

2. Magnetic Resonance Angiography: Basic principles

Magnetic resonance angiography (MRA) uses a combination of static magnetic fields and radiofrequency pulses to generate images that can readily be used to assess the cerebral arteries and veins (Wedeen et al., 1985). Tissues have inherent magnetic relaxation times (e.g., T_1 , T_2) that principally determine how they appear in an image. Blood has a long T_1 relaxation time (~1.2 secs), which is exploited to generate MR angiograms. A typical MRA image acquisition utilizes the “time-of-flight” (TOF) imaging method whereby (in one variant) the flow of blood from one position to the next will change the returned signal, thus differentiating blood from stationary tissues. Conventional spin-echo and fast spin-echo images result in “dark blood” (i.e., flowing blood returns no signal and, therefore, appears dark), however researchers interested in the arteries themselves often seek images via a gradient-echo pulse sequence. Unlike spin-echo or fast spin-echo sequence, only one radiofrequency pulse is emitted during each repetition cycle to negate the image wash-out (Edelman & Meyer, 2003). The resulting angiograms are referred to as “bright blood” images because the blood in the cerebral vessels returns much more signal than the surrounding tissue. In general, three-dimensional TOF MRA is best for high anatomical resolution, whereas two-dimensional TOF MRA is best to image slow or turbulent blood flow (Baumgartner et al., 1995). Thus, three-dimensional TOF MRA is most appropriate for TCD navigation.

MRA-guided duplex ultrasound has been used in neurosurgical settings (Akdemir et al., 2007; Mathiesen et al., 2007), but transcranial examinations are of limited use because of the acoustic windows of the skull (Baumgartner et al., 1995; Gerriets et al., 1999; Grolimund, 1986). Similarly then, MRA-guided TCD can reduce search times dramatically and improve examiner anatomical orientation (Kantelhardt et al., 2011) with several examples commercially packages available²: Kolibri navigation system (Softouch, Brainlab AG), Brainsight 2 (Rogue Research). Once the images are collected and downloaded into the guidance software, a threshold-based segmentation of the arteries from the surrounding tissue and three-dimensional reconstruction must be performed (Figure 1). A 3D reconstruction of the vascular architecture that is spatially matched with a subject’s anatomical MRI image provides a virtual representation for easy vessel identification and ultrasound interrogation. Further, based on this abstraction, the experimenter can calculate vessel diameter and insonation angle (discussed below).

The above guidance systems use frameless image guidance. The use of passive infrared tracking systems in combination with a relative guidance coordinate system permits subjects to move freely (see Figure 2). In general, the registration process begins with the

² These systems are employable with some modification. No system is natively able to physically accommodate a TCD probe nor optimally configured to target Doppler signal.

acquired MRA image and identifying anatomical landmarks in the guidance software (e.g., tip of the nose, nasion, left and right inter-tragal notch) and the registration of these fiducial landmarks. Rigid bodies are fixed to the subject and the TCD probe and co-registered (Figure 2). While this approach to image guidance for TCD has shown to dramatically improved acquisition of circle of Willis arteries (Auer et al., 1999; Kantelhardt et al., 2011), this data does not speak to the accuracy of tracking the subject and tool.



Fig. 2. Rigid bodies attached to example participant's head to track the three-dimensional position of the TCD probe relative to the participant's head. The rigid bodies are tracked by an infrared-emitting camera (inset; Polarix Vica IR camera, Northern Digital Inc., Waterloo, ON, Canada) that emits IR light that reflects back to the camera by the passive IR markers fixed to each rigid body. Pictured is a TCD probe, a MARC 600 head mount (Spencer Technologies, Seattle, WA, USA) and rigid bodies (Brainsight, Rogue Research, Montreal, QC, Canada).

3. Measurement errors and insonation angle

Despite image guidance's utility, using rigid body reconstructions to track tools (i.e., markers attached to the TCD probe and the subject in this case) has inherent uncertainty. This is particularly concerning when an experimenter attempts to acquire a deep vessel (e.g., middle cerebral artery). Most motion capture manufacturers claim sub-millimeter precision performance of their products, however the published errors assume measurements are taken at the rigid body (see Figure 2). For the purposes of TCD it is useful to consider the minimum tracking uncertainty as expressed as per unit insonation depth. As exemplar,

consider a camera system with a volume accuracy of 0.25 mm with a 0.5 mm confidence interval. That is, the tool being tracked can be tracked to the nearest 0.25 mm with an uncertainty of 0.5 mm (*N.B.* these numbers describe the Polaris Vicra, Northern Digital Inc. To view these specifications, see <http://www.ndigital.com/medical/polarisfamily-techspecs.php>). Further, the rigid body tracking the TCD probe is 8 cm long and the skin-to-skull distance is 0.25 cm. Thus, we can calculate the “tracking uncertainty” using simple trigonometry; the result of which gives $x \approx 0.63$ mm of error for every 10 mm of insonation depth. Thus, with a 50 mm insonation depth generates approximately 5.8 mm of tracking uncertainty. Therefore every researcher considering using image-guiding systems for experiments must keep in mind when designing an experiment and taking measurements. Let us review the calculations and point out important variables that affect tracking uncertainty.

3.1 Estimating insonation angle

Classically, the insonation angle is unknown in TCD-based vascular experiments. This leads to uncertainty as to how much velocity measurements are underestimated during measurement. Also, we already know from the physics of Doppler shifts (see Aaslid, 1986 for a complete review of the physics behind Doppler shift in blood velocity measurement) that the higher the degree of perpendicularity to the signal of interest, the higher the degree of underestimation. Indeed, when insonating a vessel an observer who is not aware of this potential issue can mistakenly take the observed blood velocity as the true blood velocity when, in fact, observed blood velocity may be much lower than that observed (Aaslid, 1986). Specifically,

$$v = |v'| \cos \sigma \quad (2)$$

where v is observed blood velocity, v' is the true blood flow velocity, and σ is the angle of the ultrasonic beam relative to the flow vector (i.e., insonation angle). However, it is unlikely that insonation angle is zero for any given TCD measurement. Almost more importantly however, the experimenter does not know the insonation angle and, therefore, does not know by how much blood velocity is underestimated. For example, we have observed insonation angles as great as 30° while interrogating the posterior cerebral artery (PCA) while observing an average blood velocity of 55 cm/sec (unpublished observations). The observed blood velocity is therefore underestimated by approximately 14% and the absolute blood velocity is approximately 64 cm/sec. However, researchers must keep in mind that a relatively perpendicular insonation angle may be the only approach to insonate an artery given the limitations imposed by the temporal acoustic window.

4. Measuring temporal bone thickness

The cranial bones are made up of three layers; each influences the ultrasound beam in a different way (White et al., 1978). In most cases however, ultrasonic power is markedly reduced by transmission through the temporal bone. Power loss is primarily a function of bone thickness as long as the bone is structurally homogeneous (i.e., no thickness variation). If the temporal bone thickness varies, the bone acts as an acoustic lens by scattering the acoustic energy across space (Grolimund, 1986). Nonetheless, researchers should be aware

that increased bone thickness impedes TCD measurements. Insonating at an angle that is normal (i.e., 90 degrees) to the bone diminishes bony impediment to the ultrasound beam (Ammi et al., 2008). Furthermore, possessing a library of anatomical MRI images that can be acquired with an MRA, from subjects opens the possibility for screening subjects for adequately thin acoustic windows.

Bone thickness, for the purpose of TCD, can be estimated at the temporal bone rostral to the ear and dorsal to the zygomatic arch using any standard MRI imaging software (e.g., Osirix). The experimenter can therefore judge variations in the temporal acoustic window by measuring thickness of the cortical bone in sequential order from the point where the zygomatic arch meets the ear dorsally and rostrally. Grolimund (1986) observed that cortical bone in the temporal acoustic window as thin as 2.5 mm resulted in 99% energy loss in the ultrasound beam, as well as significant scattering of the beam (Ammi et al., 2008; Grolimund et al., 1986). Measuring the borders of the temporal acoustic window can assist experimenters to visualize it appropriately. Thus, they can determine the best approach to the cerebral vessels given the acoustic constraints provided by a subject's anatomy. Also, knowing the window boundaries can help reduce experiment time by eliminating the need to reposition the TCD probe during vessel acquisition.

Having a defined acoustic window can inform experimenters how to optimally approach a blood vessel by maximizing signal and reducing insonation angle. Unfortunately, for some subjects the available acoustic window may not afford a good approach to underlying vessels. In other words, the approach that optimizes insonation angle may not be optimal for good signal acquisition. Indeed, in our laboratory we observed maximum signal from the PCA was reached with an insonation angle > thirty degrees. However, when the probe was adjusted for optimal insonation angle ($< 5^\circ$) the signal quality suffered severely due to bone occlusion. That is, the image guiding system confirmed that the probe was pointed at the PCA but there was insufficient signal from the PCA for any useful analysis (unpublished observations).

Certainly, these observations demonstrate the inherent drawback of insonating through bone – signal will always be lost and in some cases, completely. Indeed, in a recent study Ammi et al. (2008) conducted a study of ultrasound beam penetration through human skull specimens. They found that all ultrasonic pulses sent from various ultrasonic emitters of differing frequencies (i.e., 1.03 and 2.0 MHz) were attenuated as a function of bone thickness. Furthermore, sound pressure level of a 2.0 MHz probe, measured by a hydrophone, was diminished by more than 75% at the location they calculated the MCA would be *in vivo* (for details on this hydrophone alignment procedure see Ammi et al., 2008, pp. 1581-2). Thus, despite the informative benefits of using an imaging system for experimental optimization, these results highlight the fact that no guidance system can overcome the physical barrier of the temporal bone.

5. MRA and TCD vessel diameter measurement: Method agreement

We mentioned in the introduction that the brain requires an adequate supply of oxygen to maintain normal functions (Ainslie & Duffin, 2009), and the methods by which the brain does this is difficult to determine without a reliable estimate of absolute blood flow, and therefore vessel diameter. Due to obvious physical and ethical limitations, indirect measures must be

employed leaving the true value of a physiological quantity unknown. Generally, new measures are compared against a “gold standard” method to assess the newer measure’s reliability, or, in other words, quantify measurement error (Atkinson & Nevill, 2006). Atkinson & Nevill (1998) defined reliability as “the amount of measurement error that has been deemed *acceptable for the effective practical use* of a measurement tool” (emphasis added). It is important to note that it is inevitable that different measures will have a degree of disagreement but it is important to measure *how much* disagreement exists between two measures (Bland & Altman, 1999) the impact of this difference. In the context of this review, the methods of interest are TCD and MRA and the practical impact on flow estimates was considered.

In a recently published study, Wilson et al. (2011) compared vessel diameter measurements from transcranial color Doppler ultrasound (TCCD) and MRA. In brief, they correlated transcranial Doppler and MRA vessel diameter estimates and found them to correlate (Pearson’s $r = 0.82$, $r^2 = 0.67$). The robustness of this correlation superficially suggests a degree of confidence can be had in TCD estimates, as they appear to correspond well to MR values. However, the Wilson et al. (2011) study only included 7 subjects in their comparison between TCCD and MRA diameter comparisons (although it must be noted that this was *not* the primary research question of Wilson et al., 2011). Atkinson and Nevill (2006) suggest that 40 participants is the minimum number required to perform a measurement comparison study. As such, this correlation should be interpreted with caution, due to insufficient power, however it would similarly be inappropriate to discount it, as the data appear externally valid.

Despite a strong correlation, the presence of systematic bias between the TCD and MRA methods was not addressed by Wilson et al (2011). What is immediately apparent is from their data (see Table 1) is that TCCD vessel diameters generally larger than the MRA-derived diameters. Plotting these differences using a Bland-Altman approach (Figure 3) reveals clear systematic bias in which the ultrasound-derived vessel diameters are nearly twice those measured from MRA. Proportional bias is also evident whereby systematic differences between method sensitivities across the measurement range (Atkinson & Nevill, 2006). We can further assess measurement differences by determining their limits of agreement (LOA). The LOA expresses maximum deviation between any two repeated observations with a 95% certainty. Notably, a sizeable proportion of the data lies above the upper limit of agreement ($LOA_{upper} = 3.23$; $LOA_{lower} = 2.04$), indicating poor agreement between MRA and TCCD. However, in the present case of due to the proportional bias present in this data LOA should be interpreted with caution for determination of agreement between TCCD and MRA vessel measurements (Bland & Altman, 1999). A similar caution should be taken when considering intraclass correlation coefficients for the same purpose, as they too assume no relationship between error and magnitude of a measured value.

Fortunately, the proportional biases in TCCD/MRA reliability can be corrected using a logarithm transformation of the raw data (see Table 2). The log-transformed differences can be plotted (Figure 4) and thus permit the LOA to be determined for this bias-free data (see Table 2). LOA for the log-transformed data show that the two methods appear to agree fairly well; data points fall within the limits of agreement ($LOA_{upper} = 0.71$; $LOA_{lower} = 0.50$). However, once again, given that these results are derived from a sample of seven participants they must be interpreted with reservation (for a summary of results from other studies, see Table 3).

| Participant | TCCD | MRA | Mean | Difference | Calculated LOA |
|-------------|------|------|------|------------|--------------------|
| Normoxia | | | | | 3.23 (upper limit) |
| 1 | 6.03 | 3.34 | 4.69 | 2.69 | 2.04 (lower limit) |
| 2 | 5.77 | 3.36 | 4.57 | 2.41 | |
| 3 | 5.55 | 3.07 | 4.31 | 2.48 | |
| 4 | 5.29 | 3.16 | 4.23 | 2.13 | |
| 5 | 5.25 | 2.76 | 4.01 | 2.49 | |
| 6 | 5.14 | 2.60 | 3.87 | 2.54 | |
| 7 | 5.01 | 2.93 | 3.97 | 2.08 | |
| Hypoxia | | | | | |
| 1 | 6.67 | 3.52 | 5.10 | 3.15 | |
| 2 | 6.40 | 3.62 | 5.01 | 2.78 | |
| 3 | 6.35 | 3.34 | 4.85 | 3.01 | |
| 4 | 6.11 | 3.04 | 4.58 | 3.07 | |
| 5 | 5.93 | 3.24 | 4.59 | 2.69 | |
| 6 | 5.86 | 3.16 | 4.51 | 2.70 | |
| 7 | 5.58 | 2.84 | 4.21 | 2.74 | |
| | | | SD | 0.31 | |

Table 1. MCA vessel diameters measured by TCCD and MRA, as well as the calculated mean of the two measures along with the difference scores and standard deviation of the difference scores. Also, see the calculated LOA for the raw diameter scores. SD is the standard deviation of all the difference scores used to calculate LOA. Thus, despite the initially stated concern regarding sample size and lack of consideration of both random and systematic error, the original assertion made by Wilson et al. (2011) appears well founded. A good degree of agreement does appear to exist between MRA and TCCD vessel diameter measurements, suggesting that (in the absence of MR) TCD can generate reliable values.

| Participants | Log TCD | Log MRA | Mean | Difference | Calculated Log LOA |
|--------------|---------|---------|------|------------|--------------------|
| Normoxia | | | | | 0.72 (upper limit) |
| 1 | 1.80 | 1.21 | 1.50 | 0.59 | 0.50 (lower limit) |
| 2 | 1.75 | 1.21 | 1.48 | 0.54 | |
| 3 | 1.71 | 1.12 | 1.42 | 0.59 | |
| 4 | 1.67 | 1.15 | 1.41 | 0.52 | |
| 5 | 1.66 | 1.02 | 1.34 | 0.64 | |
| 6 | 1.64 | 0.96 | 1.30 | 0.68 | |
| 7 | 1.61 | 1.08 | 1.34 | 0.54 | |
| Hypoxia | | | | | |
| 1 | 1.90 | 1.26 | 1.58 | 0.64 | |
| 2 | 1.86 | 1.29 | 1.57 | 0.57 | |
| 3 | 1.85 | 1.21 | 1.53 | 0.64 | |
| 4 | 1.81 | 1.11 | 1.46 | 0.70 | |
| 5 | 1.78 | 1.18 | 1.48 | 0.60 | |
| 6 | 1.77 | 1.15 | 1.46 | 0.62 | |
| 7 | 1.72 | 1.04 | 1.38 | 0.68 | |
| | | | SD | 0.05 | |

Table 2. Log transformed scores from Table 1. The mean of each trial and the difference between each measure for every subject was calculated. This was done to eliminate the proportional bias that was present in difference data from the raw numbers. SD is the standard deviation of all the difference scores used to calculate LOA.

| Measurement Tool | Mean MCA diameter (mm) | Study | No. participants | Notes |
|------------------|---|------------------------|------------------|---|
| Cadaver | 2.5 -- 4 (mean = 3.35) | Pai et al., 2005 | | 5 |
| MRA (1.5T) | 2.9 | Serrador et al., 2000 | | 12 |
| | 2.73 | Schreiber et al., 2000 | | 8 |
| | 2.23 | Tarasow et a., 2007 | | 36 |
| | 2.95 | Hansen et al., 2007 | | 12 |
| | 3.4 | Valdueva et al., 1997 | | 6 |
| | 3.04 (Normoxia) 3.27 (Hypoxia) | Wilson et al., 2011 | | 7 |
| Angiography | 2.38 | Tarasow et al., 2007 | | 36 |
| Power Doppler | | | | |
| Proximal MCA | 5.2 | Muller et al., 2000 | | Participants suspected of having 17 vasospasm |
| Distal MCA | 4.3 | Muller et al., 2000 | | |
| TCCD | | | | |
| Proximal MCA | 5.9 | Muller et al., 2000 | | Participants suspected of having 17 vasospasm |
| Distal MCA | 4.9 | Muller et al., 2000 | | |
| | 5.44 (Normoxia) 6.23 (90-min Hypoxia) | | | |
| | 6.28 (180-min Hypoxia) | Wilson et al., 2011 | | 7 |

Table 3. Summary of results from several studies measuring MCA diameter using various measurement tools. MCA, middle cerebral artery; MRA, magnetic resonance angiography; TCCD, transcranial color-coded Doppler sonography. Please note the fairly constant relationship in the diameter measurements from MRA and TCCD (Wilson et al., 2011). Adapted from Wilson et al. (2011).

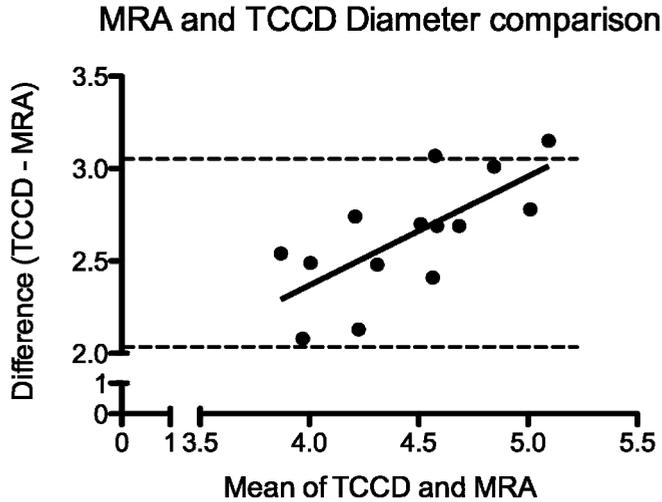


Fig. 3. MRA and TCCD MCA vessel diameter comparison. The abscissa depicts the mean of TCCD and MRA diameter measurement in a participant-wise manner. The ordinate depicts the difference of TCCD and MRA within each subject. Clearly, there is a proportional bias in the sample measured by the regression line ($y = 0.59x + 0.01$). The LOA (depicted by two dashed lines) cannot be used to measure agreement because it assumes there is no relationship between error and the magnitude of the measured value (Bland & Altman, 1999; Atkinson & Nevill, 2006). Therefore, this data needs to be transformed to eliminate the proportional bias (see Figure 4).

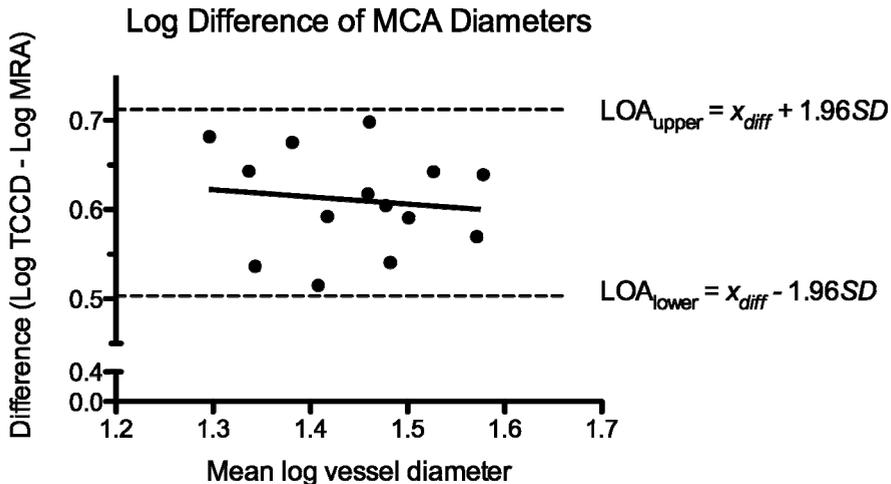


Fig. 4. MRA and TCCD log MCA vessel diameter comparison. The abscissa depicts the mean log TCCD and MRA diameter measurement in a participant-wise manner.

The ordinate depicts the difference of the log TCCD and log MRA within each subject. Logarithmic transformation of the data virtually eliminated the proportional bias in the sample (regression line: $-0.08x + 0.72$). The LOA (depicted by two dashed lines) is better suited to this transformed data (Bland & Altman, 1999; Atkinson & Nevill, 2006). From a sample of 14 data points, we can see that there is good agreement between TCCD and MRA vessel diameter measurements, despite a systematic bias. Therefore, a correction factor need only be applied to the data to correct the bias.

Another variable to consider is the random error. In the present example, we can see that the data points in Figure 4 are homoscedastic (uniform over a measurement range, parametrically confirmable via Levene's test), thus random error can be estimated using the standard error of measurement (SEM), coefficient of variation (CV) and SD_{diff} . CV from the log-transformed data is uniform across the measurement range (Atkinson & Nevill, 2006; Bland & Altman, 1999) and maintains value of $\sim 4.1\%$.³ This indicates that the measurement tools are well calibrated.

6. Conclusions

In this chapter we explored the use of MRA as means of optimizing TCD use and as a way of confirming TCD measures. While the utility of MRA as a tool for estimating insonation properties cannot be understated, there can be no replacement for experimenter skill in determining probe placement in clinical and research settings. Specifically, there is no fixed solution to determining the optimal insonation vector, on a subject-to-subject basis, given variations in cranial thickness and vascular peculiarities. However, despite this caveat, MRA as a guidance tool does generate some clear benefits: multi-day experimental methods may be considered due to accurate repositioning of the TCD probe; estimates of blood flow velocity can be corrected in order to account for subject-required sacrifices in insonation angle; subjects may be screened for significant variation on vascular architecture. MRA is also a useful supplementary tool for determining estimated signal loss due to bone-related degradation. Finally, although MR methods are indisputably the clinical standard for estimates of vessel diameter, TCD is surprisingly functional, however owing to significant proportional bias TCD derived diameter measurements need to be examined in a more exhaustive fashion to establish appropriate norms and corrections.

7. References

- Aaslid, R. (1986). Transcranial Doppler Examination Techniques. In *Transcranial Doppler Sonography*, R. Aaslid, (Ed.), 39-59, Springer-Verlag, ISBN 321-181-935-5, Vienna, Austria.

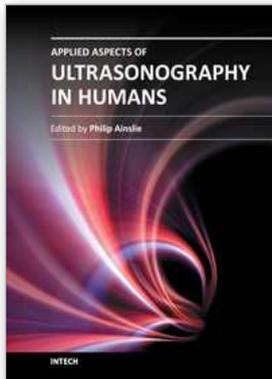
³ For non-parametric methods to calculate complex relationships between error magnitude and measured values see Bland and Altman (1999).

- Aaslid, R., Markwalder, T. M., & Nornes, H. (1982). Non-invasive transcranial Doppler ultrasound recording of flow velocity in basal cerebral arteries. *Journal of Neurosurgery*, Vol. 57, No. 2, (January 1984), 769-774, ISSN 0022-3050.
- Ainslie, P. N., & Duffin, J. (2009). Integration of cerebrovascular CO₂ reactivity and chemoreflex control of breathing: mechanisms of regulation, measurement and interpretation. *American Journal of Physiology- Regulatory, Integrative and Comparative Physiology*, Vol. 296, No. 5, (February 2009), R1473-95, ISSN 0363-6119.
- Akdemir, H., Oktem, I. S., Menku, A., Tucer, B., Tugcu, B., & Gunaldi, O. (2007). Image-guided microneurosurgical management of small arteriovenous malformation: role of neuronavigation and intraoperative Doppler sonography. *Minimally Invasive Neurosurgery*, Vol. 50, No. 3, (June 2007), 163-169, ISSN 0946-7211.
- Alexandrov, A. V., Sloan, M. A., Wong, L. K. S., Douville, C., Razumovsky, A. Y., Koroshetz, W. J. et al. (2007). Practice standards for transcranial Doppler ultrasound: part I -- test performance. *Journal of Neuroimaging*, Vol. 17, No. 1, (January 2007), 11-18, ISSN 1552-6569.
- Ammi, A. Y., Mast, T. D., Huang, I.-H., Abruzzo, T. A., Coussios, C.-C., Shaw, G. J. et al. (2008). Characterization of ultrasound propagation through ex-vivo human temporal bone. *Ultrasound in Medicine & Biology*, Vol. 34, No. 10, (October 2008), 1578-1589, ISSN 0301-5629.
- Atkinson, G. (2003). What is this thing called measurement error? In *Kinanthropometry VIII: Proceedings of the 8th International Conference of the International Society for the Advancement of Kinanthropometry (ISAK)*, T. Reilly & M. Marfell-Jones (Eds.), 3-14, Routledge, ISBN 041-528-969-6, London, England.
- Atkinson, G., & Nevill, A. (1998). Statistical methods for Assessing Measurement Error (Reliability) in Variables Relevant to Sports Medicine. *Sports Medicine*, Vol. 26, No. 4, (October 1998), 217-238, ISSN 0112-1642.
- Atkinson, G., & Nevill, A. (2006). Method agreement and measurement error in the physiology of exercise. In *Sport and Exercise Physiology Testing Guidelines*, E. M. Winter, T. Mercer, P. D. Bromley, A. M. Davison, & A. M. Jones (Eds.), 41-48, Routledge, ISBN 041-537-966-0, London, England.
- Auer, A., Felber, S., Lutz, W., Kremser, C., Schmidauer, C., Hochmair, E. et al. (1999). Transcranial Doppler sonography guided by magnetic resonance angiography for improved monitoring of intracranial arteries. *Journal of Neuroimaging*, Vol. 9, No. 1, (January 1999), 34-38, ISSN 1552-6569.
- Baumgartner, R. W., Mattle, H. P., & Aaslid, R. (1995). Transcranial color-coded duplex sonography, magnetic resonance angiography, and computed tomography angiography: methods, applications, advantages, and limitations. *Journal of Clinical Ultrasound*, Vol. 23, No. 2, (February 1995), 89-111, ISSN 1097-0096.
- Bland, J. M., & Altman, D. G. (1999). Measuring agreement in methods comparison studies. *Statistical Methods in Medical Research*, Vol. 8, No. 2, (April 1999), 135-160, ISSN 0962-2802.

- Edelman, R. R., & Meyer, J. (2003). MR angiography of the head and neck: basic principles and clinical applications. In *Magnetic Resonance Imaging in Stroke*, S. Davis, M. Fisher, & S. Warach (Eds.), 85-101, Cambridge University Press, ISBN 052-180-683-6, Cambridge.
- Gerriets, T., Seidel, G., Fiss, I., Modrau, B., & Kaps, M. (1999). Contrast-enhanced transcranial color-coded duplex sonography: efficiency and validity. *Neurology*, Vol. 52, No. 6, 1133-1137, ISSN 0028-3878.
- Grolimund, O. (1985). Transmission of Ultrasound Through the Temporal Bone. In *Transcranial Doppler Sonography*, R. Aaslid (Ed.), 10-21, Springer-Verlag, ISBN 321-181-935-5, Vienna, Austria.
- Gronninsaeter, A., Kleven, A., Ommedal, S., Aarseth, T. E., Lie, T., Lindseth, F. et al. (2000). SonoWand, an ultrasound-based neuronavigation system. *Neurosurgery*, Vol. 47, No. 6, (June 2000), 1373-1379, ISSN 0148-396X.
- Hansen, J. M., Pedersen, D., Larsen, V. A., Sanchez-del-Rio, M., Alvarez Linera, J. R., Olesen, J. et al. (2007). Magnetic resonance angiography shows dilatation of the middle cerebral artery after infusion of glyceryl trinitrate in healthy volunteers. *Cephalalgia*, Vol. 27, No. 2, (February 2007), 118-127, ISSN 1468-2982.
- Kantelhardt, S. R., Greke, C., Keric, N., Vollmer, F., Thiemann, I., & Giese, A. (2011). Image-guidance for transcranial Doppler ultrasonography. *Neurosurgery*, doi: 10.1227/NEU.0b013e31821553b2, ISSN 0148-396X.
- Kety, S. S., & Schmidt, C. F. (1948). The effects of altered arterial tensions of carbon dioxide and oxygen on cerebral blood flow and cerebral oxygen consumption of normal young men. *The Journal of Clinical Investigation*, Vol. 27, No. 4, (July 1948), 484-492, ISSN 1558-8238.
- Mathiesen, T., Peredo, I., Edner, G., Kihlstrom, L., Svensson, M., Ulfarsson, E. et al. (2007). Neuronavigation for arteriovenous malformation surgery by intraoperative three-dimensional ultrasound angiography. *Neurosurgery*, Vol. 60, No. 4 (Supp 2), (April 2007), 345-350, ISSN 1524-4040.
- Mercier, L., Del Maestro, R. F., Petrecca, K., Kochanowska, A., Drouin, S., Yan, C. X. B. et al. (2011). New prototype neuronavigation system based on preoperative imaging and intraoperative freehand ultrasound: system description and validation. *International Journal of Computer Assisted Radiology & Surgery*, Vol. 6, No. 4, (July 2011), 507-522, ISSN 1861-6410.
- Muller, M., Schwerdtfeger, K., & Zieroth, S. (2000). Assessment of middle cerebral artery diameter after aneurysmal subarachnoid hemorrhage by transcranial color-coded duplex sonography. *European Journal of Ultrasound*, Vol. 11, No. 1, (January 2000), 15-19 ISSN 0929-8266.
- Northern Digital Inc. Polaris Spectra and Polaris Vicra Technical Specifications. Retrieved Wednesday June 15, 2011, Available from <http://www.ndigital.com/medical/polarisfamily-techspecs.php>.
- Pai, S. B., Varma, R. G., & Kulkarni, R. N. (2005). Microsurgical anatomy of the middle cerebral artery. *Neurol India*, Vol. 53, No. 2, (April - June 2005) 186-190, ISSN 0028-3886.

- Panerai, R. B. (2009). Transcranial Doppler for evaluation of cerebral autoregulation. *Clinical Autonomic Research*, Vol. 19, No. 4, (August 2009) 1977-1211, ISSN 1619-1560.
- Schreiber, S.J., S., Gottschalk, S., Weih, M., Villringer, A., & Valdueza, J. M. (2000). Assessment of blood flow velocity and diameter of the middle cerebral artery during the acetazolamide provocation test by use of transcranial Doppler sonography and MR imaging. *American Journal of Neuroradiology*, Vol. 21, No. 7, (August 2000), 1207-1211, ISSN 0195-6108.
- Serrador, J.M., S., Picot, P. A., Rutt, B. K., Shoemaker, J. K., & Bondar, R. L. (2000). MRI measures of middle cerebral artery diameter in conscious humans during simulated orthostasis. *Stroke*, Vol. 31, No. 7, (July 2000), 1672-1678, ISSN 0039-2499.
- Tarasow, E., Abdulwahed Saleh Ali, A., Lewszuk, A., & Walecki, J. (2007). Measurements of the middle cerebral artery in digital subtraction angiography and MR angiography. *Medical Science Monitor*, Vol. 13, No. 1(Supp), (May 2007), 65-72, ISSN 1234-1010.
- Tsivgoulis, G., Alexandrov, A. V., & Sloan, M. A. (2009). Advances in transcranial Doppler ultrasonography. *Current Neurology & Neuroscience Reports*, Vol. 9, No. 1, (January 2009), 46-54, ISSN 1528-4042.
- Valdueza, J. M., Belzer, J. O., Villringer, A., Vogl, T. J., Kutter, R., & Einhaupl, K. M. (1997). Changes in blood flow velocity and diameter of the middle cerebral artery during hyperventilation: assessment with MR and transcranial Doppler sonography. *American Journal of Neuroradiology*, Vol. 18, No. 10, (October 1997), 1929-1934, ISSN 0195-6108.
- Wedeen, V. J., Meuli, R. A., Edelman, R. R., Geller, S. C., Frank, L. R., Brady, T. J. et al. (1985). Projective imaging of pulsatile flow with magnetic resonance. *Science*, Vol. 230, No. 4728, (November 1985), 946-948, ISSN 1095-9203.
- Weiss, C. R., Nour, S. G., & Lewin, J. S. (2008). MR-guided biopsy: a review of current techniques and applications. *Journal of Magnetic Resonance Imaging*, Vol. 27, No. 2, (February 2008), 311-325, ISSN 1522-2586.
- White, D. N., Curry, G. R., & Stevenson, R. J. (1978). The acoustic characteristics of the skull. *Ultrasound in Medicine & Biology*, Vol. 4, No. 3, (November 1978), 225-252, ISSN 0301-5629.
- Willie, C. K., Ainslie, P. N., Taylor, C. E., Jones, H., Sin, P. Y. W., & Tzeng, Y. C. (2011). Neuromechanical features of the cardiac baroreflex after exercise. *Hypertension*, Vol. 57, No. 5, (May 2011), 927-933, ISSN 0194-911X.
- Willie, C. K., Colino, F. L., Bailey, D. M., Tzeng, Y. C., Binsted, G., Jones, L. W. et al. (2011). Utility of transcranial Doppler ultrasound for the Integrative assesement of Cerebrovascular Function. *Journal of Neuroscience Methods*, Vol. 196, No. 2, (March 2011), 221-237, ISSN 0165-0270.
- Willie, C. K., & Smith, K. J. (2011). Fuelling the exercising brain: a regulatory quagmire for lactate metabolism. *Journal of Physiology (London)*, Vol. 589, No. 4, (February 2011), 779-780, ISSN 0022-3751

Wilson, M. H., Edsell, M. E. G., Davagnanam, I., Hirani, S. H., Martin, D. S., Levett, D. Z. H. et al. (2011). Cerebral artery dilatation maintains cerebral oxygenation at extreme altitude and in acute hypoxia -- an ultrasound and MRI study. *Journal of Cerebral Blood Flow & Metabolism*, Vol. 31, doi: 10.1038/jcbfm.2011.81, Published online June 2011.



Applied Aspects of Ultrasonography in Humans

Edited by Prof. Philip Ainslie

ISBN 978-953-51-0522-0

Hard cover, 190 pages

Publisher InTech

Published online 25, April, 2012

Published in print edition April, 2012

Written by international experts, this publication provides the reader with the present knowledge and future research directions of diagnostic and therapeutic ultrasound and spectroscopy. Focused topics include Duplex ultrasound, transcranial color Duplex, MRA guided Doppler ultrasonography and near-infrared spectroscopy. New directions in the use and application of transcranial and color Duplex ultrasound are provided, as well as the use of ultrasound and arterial stiffness for measuring human vascular health and circulatory control. Novel use of ultrasound for the detection of intra-cardiac and intra-pulmonary shunts is also described along with its utility for the assessment of gastric regulation and emptying.

How to reference

In order to correctly reference this scholarly work, feel free to copy and paste the following:

Francisco L. Colino and Gordon Binsted (2012). Theory and Practice of MRA-Guided Transcranial Doppler Sonography, Applied Aspects of Ultrasonography in Humans, Prof. Philip Ainslie (Ed.), ISBN: 978-953-51-0522-0, InTech, Available from: <http://www.intechopen.com/books/applied-aspects-of-ultrasonography-in-humans/theory-and-practice-of-mra-guided-transcranial-doppler-sonography>

INTECH

open science | open minds

InTech Europe

University Campus STeP Ri
Slavka Krautzeka 83/A
51000 Rijeka, Croatia
Phone: +385 (51) 770 447
Fax: +385 (51) 686 166
www.intechopen.com

InTech China

Unit 405, Office Block, Hotel Equatorial Shanghai
No.65, Yan An Road (West), Shanghai, 200040, China
中国上海市延安西路65号上海国际贵都大饭店办公楼405单元
Phone: +86-21-62489820
Fax: +86-21-62489821

© 2012 The Author(s). Licensee IntechOpen. This is an open access article distributed under the terms of the [Creative Commons Attribution 3.0 License](#), which permits unrestricted use, distribution, and reproduction in any medium, provided the original work is properly cited.